

Pink Himalaya Salt Scrub (60 min) thb 1,900
Millions of year ago, pristine seawater was crystallized and covered by lava, protecting it from modern-day pollution. Infused with 80 minerals, Pink Salt delivers its pure nutrients while gently smoothing your skin. Refreshing Aloe Vera cream further nourishes leaving the skin feeling baby-soft.

Naturale Coconut Oil Wrap (60 min) thb 2,100
Smell and look as good as you feel after this deliciously soothing and relaxing experience.

Layana Sea Caramel Mud Wrap (60 min) thb 2,100
The special composition of Dead Sea minerals has a gentle and deeply active cleansing effect.

Lanta Sun Lover (60 min) thb 2,100
Relieve your sun-damaged or sun-sensitive skin immediately with this soothing wrap. Cooling and desensitizing Water Lily, Green Tea and Chamomile relieve the discomfort of over exposed skin. Alleviating your skin's burning and stinging sensation, this treatment heals, desensitizes, and decreases skin temperature.

Special Treats

Salt Spa (45 min) thb 500
A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine or coated with the polish of your choice.

Natural Salt Therapy Package (70 min) thb 1,600
Enjoy a respiratory and relaxing respite with a specially designed Salt Therapy session. Each session begins with a 25 minutes soothing and cleansing Salt Glow Body Scrub, followed by a retreat to our Salt Spa room, where the ancient healing powers of a natural salt cave have been meticulously recreated. Here, you will cleanse your respiratory ailments by inhaling the salt aerosol, while our expertly trained staff performs your choice of a 45 minute soothing facial or foot reflexology session. Emerge from this treatment savoring the fresh island air in a state of total body bliss.

Aromatherapy Bath (30 min) thb 900
Helps to float away tensions.

Fragrant Floral Bath (30 min) thb 900
Enjoy the soaking and softening effect on the skin that natural fresh Milk mixed with Honey offers. It will help you feel calm and totally refreshed, a perfect rubdown for the over-worked and over-stressed.

Hot Jacuzzi (30 min) thb 900
Helps to float away tensions.

Sauna & Cold Jacuzzi (30 min) Complimentary to in-house guests
Refresh your body in this gentle cloud of sauna. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote circulation and invigorate the body.

Maicure (60 min) thb 700
A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine or coated with the polish of your choice.

French Manicure (90 min) thb 1,000
A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine and tips coated with white color.

Pedicure (60min) thb 900
A total foot treatment that removes hard, dry skin and beautifies the feet and nails. Nails can be clear buffed or coated with the polish of your choice.

French Pedicure (90min) thb 1,500
A total foot treatment that removes hard, dry skin and beautifies the feet and nails. Nails can be clear buffed or coated with the polish of your choice.

Nail Polish Touch Up (30/60min) thb 450/900
A Specialized Linger Longer Spa treatment that helps to increase blood circulation, stress-relieving Back and Leg treatment with deep cleansing and followed by Aromatherapy Massage.(Highly recommend after a long flight)

Waxing

Whole Legs Waxing (60 min) thb 1,500

Half Legs Waxing (30 min) thb 800

Underarm Waxing (30 min) thb 400

Bikini Waxing (30 min) thb 800

Linger Longer Spa Packages

Layana Experience (150 min) thb 3,500
Experience the ultimate pampering! A choice of our favorite two treatments, Aromatic Nature Facial and Layana Signature Massage, for a relaxing introduction to what our Spa has to offer.

Sunburn Relief (90 min) thb 3,300
Ease and re-hydrate sun burnt skin with the soothing effects of Water Lilly after Sun Soothing Wrap, Aloe Vera Wrap or Cucumber Wrap, followed by a gentle facial treatment with Water Lilly Mask or Cucumber Mask.

Secret of the Andaman (180 min) thb 4,000
Bringing together everything you have ever wanted to pamper yourself with, this is the ultimate in mind, body and soul revitalization. Enjoy a Jacuzzi or Sauna to relax and loosen your muscles before a Salt Scrub exfoliation removes dead skin layers in preparation for the treats to come. A Coconut oil wrap and Layana Signature Massage relieves muscle tension that completes your transition into a re-energized, glowing new you.

Layana Romancing Package (240 min - single/couple) thb 5,400/9,800
A most enjoyable treatment created for couples – start with a sauna, then a radiant Romance Sea Salt Scrub, followed by a Dead Sea Caramel Mud Wrap, Floral Bath, Swedish massage and Aromatic Nature Facial to round up this romantic experience.

Layana Dream Spa Package (240 min - single/couple) thb 5,900/10,600
Your choice of selected scrubs, wraps, massages and facial treatments. Plus a relaxing fragrant floral bath.

General Spa Information

Please reserve your treatments in advance by dialing 3 from your room or visiting our spa at your convenience. Please arrive at least 15 minutes prior to your scheduled appointment. We regret that late arrival may be subjected to reduced treatment time. The following are suggestions to make your spa experience more enjoyable.

Before Spa

Guest who have high blood pressure, heart conditions, are pregnant or have any other medical complication are usually advised to consult their doctors before signing up for any spa service. Please make your therapist aware of any medical conditions as it is critical to your enjoyment and safety.

Avoid eating full meals or drinking alcohol for at least 1 hour before your treatment, but don't arrive hungry.

We kindly advise that you remove all jewelry prior to your arrival at the spa. Otherwise a jewelry box is provided inside your treatment room. Please do not leave valuables in your locker.

Avoid shaving for 24 hours prior to some skin treatments such as a salt scrub treatment. Salt on newly shaved skin may cause irritation.

Avoid prolonged sun exposure prior to any treatment.

You can enjoy a Sauna and Jacuzzi before treatments but we recommend not to exceed 15 minutes.

During Spa

Please advise your spa therapist immediately if you are experiencing discomfort during a treatment

Mobile phones are not recommended in the spa, we would like you to be completely relaxed. If you are expecting an important call, please leave it with our receptionist. She will pick up the call and bring it to you.

After Spa

Avoid any vigorous activity and sun for a least 1 hour following all heat treatments

**An Appointment cancellaed with less than 3 hours will incur a cancellation fee of 50% of the reserved treatment

We have other treatments available .Please ask at the spa or call 3 for more information .



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Body Massages

Layana Signature Massage (90 min) thb 2,800
The Layana Signature Oil Massage is a unique therapy which combines the techniques of Aromatherapy, Swedish massage, Ayurveda and Shiatsu.

Healing Stone Therapy (90 min) thb 3,000
Massage using heated volcanic lava stones combined with Swedish style massage movements.

Tranquil Journey (90 min) thb 2,300
Slow deep movements in rhythm with your calm breaths, deep relaxing music talking to your soul while a warm calming poultice of Jasmine and Elengi flowers melt away tension. Everything around you has slowed down. Your mind and body are reconnecting.

Four Hand Massage (60 min) thb 3,000
Pacify the mind and touch serenity with a complete de-stressing treatment. Calm your senses as your body is soothed by a hot herbal poultice of sweet basil and kaffir lime, during a warm oil massage performed by well trained therapist. While tension is slowly eased away under a caring touch, you will be guided in tranquil meditation for total peace of mind. This holistic treatment improves mental clarity leaving a sense of wholesome wellbeing.

Silk Rope Massage (90 min) thb 2,300
Chavutti Rope massages, with a history spanning thousands of years, literally translates as ‘massage by foot pressure’. The form originated in South India alongside the Kaları martial arts, Kathakali dancing and amongst practitioners of yoga. It then traveled to Tibet and Northern Thailand. This massage technique was developed to maintain suppleness in the body and for treating pain and swelling caused by combat. It is equally suitable, however, as a treatment for those not involved in regular or strenuous exercise, who wish to encourage their own fitness and wellbeing.

Warm Bamboo Anma (90 min) thb 2,300
Bamboo, called Take in Japanese, represents youth, prosperity and serenity in Asia. Warm bamboos slowly rolled on targeted areas break down fatty deposit. Used in combination with Ytsara Sculpting oil, this treatment fights cellulite, tones muscles, stimulates the lymphatic system and detoxifies the organs. Combined with healthy eating and exercise, you will never have felt so well.

Warm Coconut Soother (90 min) thb 2,300
Following the Zen philosophy of returning to nature, amazing tropical wonders infuse this treatment with life, energy and beauty. A rich red Jasmine Rice scrub softens and invigorates your skin in preparation for a unique cocooning experience. Then drift into southern Thailand delights when Sesame and warm Coconut are gently glided onto your body to nourish, soothe and condition your skin. Exhilarating sweet scents permeate your mind and nurture your soul.



Fit Body Massage (90 min) thb 2,300
Designed to encourage blood flow, stretch muscles and ease joints, this stimulating massage conditions the body for better performances in the same manner a warm-up would do. Thai therapeutic massage and pure plant essential oils synergistically prepare your body for better performances and improved recovery.

Garden of Deep Calm (60/90 min) thb 2,000/2,300
Restore your body, mind & spirit. The aroma of Malabar Grass melts tension away while Sweet Orange and Vetiver help to create an inner peace. Oils of Rice Bran, Sweet Almond, Soy and Wheat Germ help soothe and nourish the skin.

Prana Vital Energy (60/90 min) thb 2,000/2,300
A combination of massage techniques while Ytsara’s Vital Energy Body Oil made with Blue Ginger inspires self-connection and renewal. Targeting the meridian energy system, the Thai Sip Sen Massage discovers and unblocks areas of trapped energy that manifest in physical and / or emotional pain. Energize the mind and spirit for a feeling of deep healing.

Posture Rescue (30/60 min) thb 1,000/2,000
Relieve stiffness and soreness from back, shoulders, neck and head. The calming properties of Rainforest Clove bark, a tree found only in two islands in the Pacific Ocean, combined with deep yet gentle kneading, break down knots and improve flexibility. Oils of Tangerine, Pink Grapefruit and Rosemary further encourage detoxification and relaxation of your whole system.

Traditional Thai Massage (60/90 min) thb 1,500/1,700
This massage involves the application of pressure and a degree of stretching to the muscles. Without the use of oil, it focuses mainly on the legs and back.

Siamese Healing Herbs (90 min) thb 2,000
A millennium-old massage tradition designed to release urbanites from modern ailments. Thunder-struck wooden tools, once considered as sacred, spread energizing vibrations into meridian lines and muscles. Freed life force flows back into your body preventing fatigue and tensions. Warm Lemongrass, Ginger and Bergamot combined with slow deep pressure soothe the body and mind for a ‘feel great’ effect.

Clarity of Mind (60min) thb 2,000
Targeting the hotspots of upper back, shoulders, neck and head, a firm massage using virgin Coconut oil focuses on pressure points correlating to the body’s chakras, releasing overworked muscles while promoting whole body energy flow. Clears and sharpens the mind, improves concentration and sleep quality. Banishes anxiety and stress, while increasing inner peace and joy.

Body Contour (90min) thb 2,300
A stimulating massage that uses Black Pepper, Cinnamon and Ginger to help sculpt the figure and re-define its shape. An excellent way to drain and regenerate tissues while dispelling the tensions that have built up, to attain a state of absolute relaxation.

Anti-Jetlag Massage (90 min) thb 3,000
A specialized Linger Longer Spa treatment that helps to increase blood circulation. Stress-relieving back and leg treatment with deep cleansing is followed by Aromatherapy Massage. (Highly recommend after a long flight).

Foot Mapping (90min) thb 1,900
There are 15 000 nerve endings on your feet which constitute a mini-map of your whole body. Skilled pressure applied to this mini-map encourages the body to heal from within. Detoxifying Yanang steam and stimulating Ginger work in synergy to enhance the body’s renewal process. Your headaches, anxiety and insomnia are gone.

Soothing Steps (60min) thb 1,700
A treatment helping to soothe heavy painful, legs. Half leg soak with a contrast of hot and cold to stimulate blood circulation, cool wrap, warm poultice and gentle massage to reflexology points eases pain and gives lightness back to the legs.



L’EXPERIENCE ANNE SEMONIN FACIAL COLLECTION
Encounter this unique collection of facial therapies that combine elegant French skincare with results driven, made-to-measure therapies which transform and re-sculpt your face contours. Every facial includes an exclusive Anne Semonin lymphatic massage, designed to gently release toxins from the dermal tissues, increasing blood flow resulting in radiant skin. Fusing this specialist massage, classic ingredients and a holistic approach, each Anne Semonin facial is a tailored experience, just for you.

Grip Relief - to relieve tension (90min) thb 1,900
Hands are in use all the time and build up tensions, especially when you play golf. Like feet, there are 15 000 nerve endings in the hands, which constitute a mini-map of your whole body. Skilled pressure applied on this mini-map encourages the body to heal from within. A hot herbal compress infuses relaxing Lemongrass to help release tension and let go.

Facial Treatments

Face Lifting Blass (60min) thb 2,600
Take the path to a ‘new look you’ with a sensory facial fitness treat. Pure, regenerative plants activate cell renewal while skin is deeply cleansed and purified. Slowly melt into luxurious relaxation as a warm Sesame poultice dipped in Rosewood oil is gently glided onto your face to tone passive facial muscles and activate microcirculation. After a last quenching touch of Neroli, enjoy the blissful sensation of renewal and the precious feeling of eternal youth.

Restoration Eye Treatment (60min) thb 2,400
Let your eyes be pampered and rejuvenated with this amazing eye treatment that combats fines lines, puffiness and dark circles. A secret blend of warm, botanical ingredients from our Asian garden will gently nourish and sooth your eyelids. Then, the light touch of shiatsu and lymphatic drainage massage, accompanied with a quenching floral serum, will reduce puffiness and dark circles. The treatment finishes with a cranial pressure points massage while your eyes rest under a relaxing aromatherapy eye cushion.

Crystal Spa Facial (60min) thb 2,200
Using warmth and a combination of color crystals with a Coconut oil for facial massage, this treatment is for inner balance energy for face relaxation, relief of stress, toxin removal, and skin stimulation.

Aromatic Nature Facial (60min) thb 2,000
Thai fruit and traditional white clay gently cleanses and tones the skin naturally.

Anne Semonin Collection

Anne Simonin Cryotherapie Age Defying Facial (60 min) thb 2,900
Immediate radiance, toning, brightness

A flawless skin brightening experience, this facial uses the age defying effects of Cryotherapy with 100% Active Serum to reinforce the skin’s firmness at the cellular level. Complemented by a neuro-cosmetic containing Wild Indigo, this elegant touch stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

Anna Semonin Ultra Firming Phyto-Aromatic Facial (60 min) thb 2,800
Anti-aging, firming, toning

Redefine how the skin ages with the quintessential regenerating facial therapy. Signs of aging dissolve as essential oils and minerals are gently massaged into the skin, improving tone and elasticity. This skin enhancing bespoke facial ensures effective, visible results to prolong skin youth at the cellular level.

Anne Semonin Soothing Repair Aromatic (60 min) thb 2,700
Calming, hydrating, restoring

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences. The skin is prepared with gentle cleansing and exfoliation before delighting in the application of luxurious cream mask. The generous application of the algae and kaolin clay formula smoothes and nourishes the skin leaving a perfectly calm and soothed

Body Treatments

Anna Semonin Polish Treatment
Indulge your senses with Anne Semonin classic scrub created to be as individual as you. At the heart of each unique experience is a carefully blended combination of essential oils, trace elements and marine ingredients delivering smooth, nourished and radiant skin and a thoroughly relaxed body.

Anne Semonin Nude Scrub (60 min) thb 2,300
An express exfoliation with the Nude Sea Salt & White Sand Scrub, leaving skin smooth and hydrated. The warming and nourishing qualities of this scrub ensure a soothing experience with visible results.

Coffee Scrub (60 min) thb1,900
Helps to relax and detoxify the body and helps tone the color of the skin.

Sesame Body Scrub (60 min) thb 1,900
Pure Sesame and Honey are combined to create a nourishing body scrub.

Hom Mali Jasmine Rice Scrub (60 min) thb 1,900
Reveal the body’s hidden glow with ingredients known to purify and refine the skin. Jasmine Rice removes dullness and brightens. Jojoba Oil and Shea Butter provide deep nourishment.