



P.07 Sundowners Bar & Lounge

) www.layanaresort.com 2019 ) Edition 2

P.42
 SeaSky
 Restaurant

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#### All Prices are in NET and include 10% Service Charge and 7% Government Tax

**Important:** Before placing your order, please inform us if you or a person in your party has any food intolerance or food allergies. We have labelled our dishes with allergen icons. However, there is always a risk of contamination or the possibility that manufacturers change formulation at any time without notice. Guest concerned with food allergies need to be aware of this risk.



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This magazine is available for sale, for more information see page 33. To download this magazine in PDF format, visit www.layanaresort.com/wine-dine/ <u>www.layanaresort.com</u> / Tel: + 66(0) 7560 7100 DE: +49 (0) 89 780 64 280 / E-mail: resa@layanaresort.com

### A MESSAGE FROM YOUR GENERAL MANAGER

#### **Dear Valued Guests,**

Welcome to Layana Resort & Spa, where we blend the elegance of our tropical hideaway with traditionally warm Thai hospitality. Our five star service and the spirit of Layana will, we are sure, allow you to discover a sense of personal renewal.

Welcome, too, to the inaugural copy of "Heavenly Layana", our new magazine designed to give you an insight into what is new, including full details of our exciting new cuisine and drinks offerings. We hope you enjoy it.

A lot has taken place in the last 12 months, so let me briefly bring you up to date...

Our new White Bar, alongside the Wellness Pool, gives you the perfect opportunity to relax with a balanced and healthy selection of food and beverages, perfect after a workout or Spa treatment.

On the beachfront you will find our dining restaurant has a new name, new feel, and new menu. SeaSky continues to serve a wonderful daily breakfast buffet with an unending choice of quality dishes, but now features a superb a la carte menu of Thai and light Mediterranean cuisine for lunch and dinner.

Our Sundowners Bar, completely refurbished to provide improved seating and facilities, offers you an unique and exquisite beverage selection and, I must admit, it is my personal favorite spot for admiring the stunning daily sunsets.

Outside the resort, Koh Lanta's beautiful beaches, landscapes and culture wait to be explored. We have added some fascinating new activities and excursions that our team will be happy to arrange for you.

Managing this resort is an important daily commitment for me, as it is for a team of passionate, highly motivated people who will work hard to ensure your stay with us is memorable and fulfilling.

In the meantime, if there is anything we can do for you, please do not hesitate to contact the front desk, duty manager or myself.

With warm tropical regards, **Ansgar Schlemmer** 



"They say, whatever it is you are looking for, you will find here. "

#### Restaurants & Bars



#### New Menu at SeaSky Restaurant

Visit SeaSky Restaurant to experience the all new menu. The contemporary Thai and light Mediterranean selection features seasonal and daily specials such as Pla Kapong Thod Lui Suan, a Thai-style grilled local Sea Bass.

And, our exquisite TWG afternoon tea now showcases a delicious array of homemade pastries, the selection changing on a weekly basis.



#### A Siamese Sojourn at Sundowners

Sundowners Bar & Lounge features a unique cocktail selection focusing on Thai flavors and local products. Premium spirits from all corners of Thailand, such as Chalong Bay Rum from Phuket, are blended with local fruits and herbs to take you on a unique tasting experience.

And, with its sublime beachfront setting, Sundowners is the ideal place to relax and mingle







The trendy and healthy White Bar nestles alongside the resort's Wellness Pool, and is just steps away from the well-equipped Fitness Center and awardwinning Linger Longer Spa. What could be better than enjoying a super healthy pressed juice, 100% made from fresh fruit and vegetables? Fresh, healthy juices that will improve your sleep, reduce stress and fully reboot your system, blended daily with passion and love! Our contemporary "All in Green", made from pressed Cucumber, Ginger, Lemon, Apple & Coriander is a particular favorite.

Of course there is also a selection available at the beachfront bars at Layana to keep everyone healthy.

### Meet Your Thai Chef

#### What's Your Cooking Philosophy?

Keep the tradition Thai taste for original classic Thai food and use this taste to create my fusion Thai cuisine with French cooking techniques.

### The utensils you can't do without?

I can't work without my knife, its like my third arm.

### What is Your biggest inspiration?

My Father is my biggest inspiration, he was Chef too. He teached me in my young age how to cook, I guess he did a good job till now.

### Most challenging ingredient to work with?

Ready made Thai Curry paste, it is difficult to find the balance by cooking the curry. Chef Trinuwat "Nua " Srihanattinnaphong

### What would you be if you weren't a chef?

To be a Chef is my only choice for me, because I love to cook and I love to be a chef.

### Music you listen to while Cooking?

I like to listen to Thai Classic Music.

### What is Your favorite drink?

I like to drink coffee latte because it makes me feel fresh and keeps me focused on the job due to the caffeine.

### Three words that describe your cooking?

Made with love.

#### Favorite type of cuisine?

Thai fusion by using French cooking techniques.

### Your Signature Dish?

Pan fried Scallop with duck confit red curry sauce and Chinese pear.

### What do you do when you are not cooking?

Listen to good music and read a lot of cooking books and the stories about the chefs behind.



### All about Coconut



Why Coconut Water is Good for You

### **4.** Coconut Water Helps Kidney Function

A single cup of coconut water can provide enough potassium to keep the kidneys in good health.

Thai

2. Coconut Water Is Great For Replenishing Electrolytes

Electrolytes are essential minerals and mineral salts that regulate muscle and nerve function in our body.

#### **5.** Coconut Water Helps Reduce Blood Pressure

Every cup of coconut water contains arginine which reduces blood pressure.

**Coconut Chips** 150

Coconut Milk Drink Chocolate or Mango 150

### 1. Coconut Water Is A Health Enhancer

The presence of minerals, B-complex vitamins, amino acids, cytokines and many other beneficial phytochemicals makes this a natural health drink.

### 3. It Promotes Weight Loss

Coconut water is a low-calorie thirst quencher that is both highly filling and satiating.

the!

COCONUT

mal

Young Fresh Coconut 150 Sundowners Bar & Lounge

### Plenty of choices and a relaxed and friendly ambience



### - DRINK -

Here at Sundowners we have carefully selected a superb and unique selection of beverages dedicated to satisfying everyone's taste.

We offer a wide variety of Thai craft beers, fine signature cocktails, a selection of the healthiest juices and exquisite compositions of tea and coffee.

The world's best gins have been singled out, mixed with flavors from our own herb garden and rounded off with a choice of boutique mixers.

Finally, a carefully handpicked International wine list rounds off the luxury beverage experience.

### *- EAT -*

An eclectic mix of snacks and light meals is available at Sundowners, available all day long. A wide and varied selection of hot or cold tapas created from original Spanish recipes; American-style "sliders" filled with delicious ingredients; cold cuts and cheese platters.

All use top quality, fresh ingredients, sourced locally or imported from the finest suppliers and are creatively prepared by our talented chefs.

Sundowners is the ideal place to take the edge of the appetite during your carefree days at Layana.

### - ENJOY -

Sundowners is more than just a place to eat and drink. It's a chance to meet up with your fellow travelers, to compare tales of adventure and share experiences.

A place, perhaps to escape from the tropical sun for an hour or two. And, most of all, it's the perfect location to be stunned by the amazing sunsets we are lucky enough to enjoy at Layana.

Here you can relax, chill out and really appreciate all that our resort has to offer.

### Discover Thai Craft Beers

Thailand's Craft Beer Scene is on the move; from illegal underworld businesses to above-board cottage industries, the list of top craft brewers keeps getting longer.



### CHALAWAN

Style: Pale AleABVPriceOrigin4.7%290Phuket

Chalawan Pale Ale was inspired by the Thai folklore based upon Chalawan the King of Alligators. Tropical lychee fruit, floral hops, and citrus zest come together to create a bold yet smooth flavor. Compared to other Thai craft beers, Chalawan Pale Ale is exceedingly flavorful and unique.



### **CHIANG MAI BLOSSOM WEIZEN**

### **Style: Weissbier**

ABV	Price	Origin
5.0%	290	Chiang Mai

This beer's intention is to accurately represent the cultural richness of Chiang Mai through complex and balanced flavors. Chiang Mai Beer Weizen has an aroma of yeast, cloves, and ripe bananas; the flavors follow the nose. It's a refreshing beverage that pairs well next to local cuisine and spicy dishes.



### PHUKET BEER

### Style: Lager

ABV	Price	Origin
5.0%	250	Phuket

This is Thailand's first regional beer. Brewed with premium German hops and high-quality Thai jasmine rice, Phuket Beer is the first Thai beer to win a gold medal in competition. It smells similar to a European lager with an aroma of cereal grains, sweet malts, and grassy hops. Phuket Beer is ultra-light and easy to drink with a slightly metallic finish.

### Popular Thai Beers

A selection of the most popular beers found in Thailand, all Lager Beers and popular among both locals and visitors.



### CHANG DRAFT

### Style: Lager

ABV	Price	Origin
5.5%	140 (330 ml)	Bangkok
	200 (500 ml)	

The lightly sweet taste of Chang Beer's unique golden brew is created through a time honored brewing process.



### SINGHA

### Style: Lager

ABV	Price	Origin
5.0%	160 (330 ml)	Bangkok

A premium lager beer brewed from the finest ingredients, Singha is a full-bodied 100% barley malt beer that is distinctively rich in taste with strong hop characters.



### LEO

### Style: Lager

ABV	Price	Origin
5.0%	160 (330 ml)	Bangkok

Leo Beer is a full-flavored standard lager beer with a smooth and pleasant finish.



**KROMBACHER PILS** 

(alcohol free)

### Style: Lager

ABV	Price	Origin
0%	250 (330 ml)	Krombach,
		GER

### **BEER STYLES**

**Pale Ale** is a beer made by warm fermentation using pale malt. It is one of the world's major beer styles. A higher proportion of pale malts results in the lighter color.

**India Pale Ale (IPA)** is a style of pale ale developed for export to India. India Pale Ales are known to have a bitter taste because of the hops used to brew the ale. There is a citric taste to IPA, usually with notes of grapefruit.

**Weissbier** also known as Weizen (*bier*) ("wheat beer"), is a Bavarian beer in which a significant proportion of malted barley is replaced with malted wheat and brewed with yeast to give the beer its unique wheat flavor.

Lager is a type of beer conditioned at low temperatures. It may be pale, golden, amber, or dark. Pale lager is the most widely consumed, and commercially available almost everywhere in the world. Lager's taste is generally described as mild and it is best enjoyed chilled.

### **CHANG BEER vs SINGHA BEER**

Singha is characterized by a strong malty flavor consisting of 100% barley malt while Chang is characterized by a much more traditional lager taste similar to Tiger, Budweiser and Tsingdao. This makes Chang generally the more refreshing especially when eating spicy dishes or seafood where you don't want to overpower the flavor of the food with the taste of beer. Both beers are brewed with high quality control and are popular throughout Thailand. Which one do you prefer?

### Sundowners Bar & Lounge



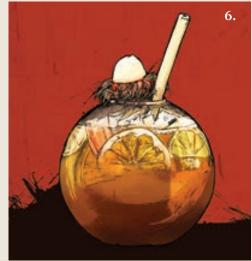




J oin us on a mixological journey through Thailand with our cocktails and mocktails inspired by products sourced from every corner of the Kingdom. An artful selection of Thai premium spirits, local fruits and herbs, creatively blended and presented by our talented mixologists, their uniquely interactive service reflecting the fun and pleasure of this beautiful country.







### 1. Siam Journey 290

Iron Balls Gin, Mixed Herb Infusion, Mangosteen, Lime, Pomegranate

This Cocktail begins its sojourn in Bangkok with the local Iron Balls Gin. The homemade Herb Infusion represents the Northern tea culture; Mangosteen Juice hails from Thailands fruit gardens in the East, fresh Lime Juice from the south and Pomegranate Juice is a typical product of Thailand's Western regions.

### 2. Pink Dragon 290

#### Phraya Rum, Dragon Fruit, Pomegrenade, Sugar, Lime, Mint

The award winning Phraya Rum from Western Thailand combines perfectly with locally harvested dragon fruit, pomegranate, mint and lime.

### 3. Manau Manau 290

#### Chalong Bay Rum, Lime, Thai Basil , Pandanus, Herb Syrup, Soda

Based on Phuket's Chalong Bay Rum, this flavorsome cocktail is inspired by the national fruit *"manau"*, or green lime, blended aromatically with local herbs.

### 4. Herb Garden 290

#### Ma Jai Dum Vodka, Mixed Herb Infusion, Rosellle, Green Tea

Representing the highlands of north Thailand, this herbal tea-infused cocktail has as its base, Ma Jai Dum Vodka, produced in Chiang Mai.

### 5. Som Tum 290

#### Mekhong Whiskey, Papaya, Lime, Mangosteen

The national dish of Som Tum (Papaya Salad) originates in the Eastern province of Isaan from where this cocktail gets its inspiration.

### 6. Pollamai (Mocktail) THB 220 Roselle, Pomegrenade, Rambutan, Lime, Dragon Fruit, Soda

A blend of Thai fruits from all around the country, the perfect fruity or *"pollamai"* mixed experience of Thailand.

### 7. Phalangan (Mocktail) 220

**Coconut, Basil, Soda Water, Redbull** This Mocktail provides you with all the nutrition and energy or *"phalangngan"* you need with fresh Coconut and the original Thai Red Bull.

> 8. Samoonplai (Mocktail) 220

### Basil, Chili, Mixed Herb Infusion, Lime, Soda

A Mocktail representing Thai herbal and spicy flavors from all around the country a true Siam Herbal Journey for your palate.





### Tapas

Served day in and day out in bars and cafés throughout Spain, tapas are a wide variety of snacks, canapés or small plates that can include practically anything - as you will see in our choices!



**Pinchitos** 200 Mini spicy pork kebab with BBQ sauce



**Gambas al Ajillo** 280 Spanish garlic shrimp skewer



**Pincho de sandía** 260 Watermelon, feta and Parma ham skewers



**Sai Oua Thod** 120 Breaded honey-teriyaki fried Chiang Mai sausage



**Peak Gai Thod Nam Pla** 120 Deep fried chicken angel wings, lemon grass, turmeric



Plar Tuna 270 Spicy tuna salad, kaffir lime leaves, mint, lemongrass, shallots, spring onion, chili powder



Nue Dad Deaw Thod Nga 200 Fried sesame beef with basil and chili sauce

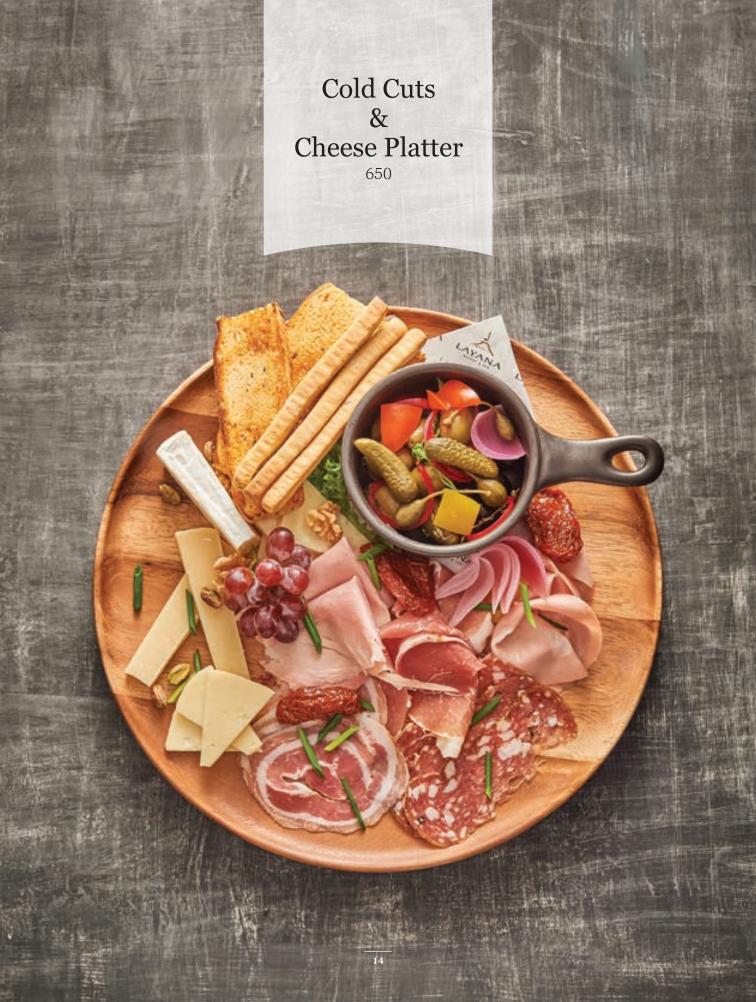


**Tung Tong** 120 Deep fried golden bags with pork, sweet chili sauce

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# FIND YOUR BALANCE AT LAYANA



## Sliders

A selection of American-style small sandwiches, we fill them daily with a variety of tasty fillings using fresh, wholesome ingredients, for you to enjoy anytime of the day.





### <u>Wagyu</u> 460

Gruyere cheese, sautéed mushrooms, lettuce, onion, tomato, gherkins, mayonnaise, BBQ sauce



Tex Mex Quinoa 360

Quinoa, sweet corn and black bean patty, avocado, lettuce, tomato, pineapple, tomato, salsa, Emmental cheese, jalapeno-garlic mayonnaise



### Seared Tuna 460

Sesame crusted seared tuna, chunky avocado, semi-dried tomatoes, mango, lettuce, ginger-garlic mayonnaise



Pad Ka Pow Gai

Chicken, garlic and chili, steamed rice bun, crispy fried holy basil, fried quail egg

### Why are they called Sliders?

One common theory as to why they're called sliders is the way that they're slid across a griddle before the toppings are added, to make way for new patties. Another thought is that they *"slide"* down easy as you're eating a few, and yet another (popularized by White Castle) is that they slide out of their boxes easily. We'll let you decide...!



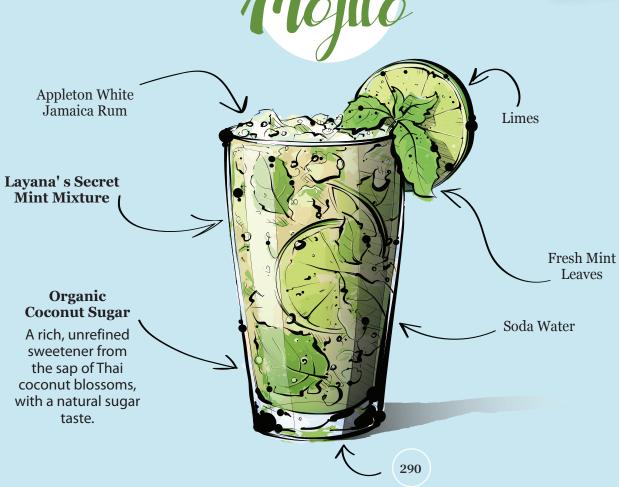


Soomi

### Sundowners Bar & Lounge

Lavana







**Layana's Secret Mint Mixture** consists of 5 different mint types - chocolate mint, peppermint, spearmint, orange mint and vanilla mint. The herbs are cut from our herb-garden mid-morning for maximum flavor and then carefully air-dried.

These fresh mints contain several key vitamins and minerals you need for good health. Besides its refreshing taste, mint also heightens mental alertness and memory, calms seasonal allergies, helps with nausea and fights cold symptoms.



# Fruits of THE KINGDOM



### **Passionfruit** (saowarod)

Passionfruits are round or oval and can be yellow, red, purple or green. They have a delicious juicy centre composed of pulpy seeds that is the edible part of the fruit. Thailand has a wonderful climate for fruit cultivation, and offers a lot of variety not easily found in the West.

We delight in creating refreshing, delicious fruit drinks with...

#### Longan (lam-yai) Taking its name from Cantonese meaning "dragon-eye", so named because it resembles an eyeball when its fruit is shelled, the Longan is highly prized by

Thais for its sweet, juicy and

succulent taste.



### Zalacca (sà-là)

This fruit grows in clusters at the base of a palm, and is also known as Snake Fruit due to its reddish-brown scaly skin. It consists of three lobes, each containing a large inedible seed. The taste is usually sweet and acidic, but its apple like texture can vary from very dry and crumbly to moist and crunchy.

### Rambutan (ngór)

The name is derived from the Malay word for rambut, meaning hair - a description of the fruit's red and yellow spiky rind. Peeling this away reveals a firm, white, translucent flesh, that the Thais are especially adept at delicately carving away from the fruit's large seed.





### Rose Apple (chom pôo)

With a shape much like a pear, the rose apple has a shiny skin that is either pink or green in color. Extremely refreshing and with a crisp, crunchy taste it is often eaten in Thailand with salt and sugar

### Just Pineapple

Pineapple, Mint, Lime

### H20++

Sparkling Water, Lemon, Lime

### Breakfast to Go

Orange, Carrot, Lime, Ginger

## "Beet it"

TVICE

Apple, Beetroot Passionfruit, Carrot

### Chia Meets Melon

**Passionate** 

Carrot, Passion Fruit

Basil Seed, Celery

Watermelon, Mint, Melon, Chai seed

150

TULC

TURES

### Energizer

Apple, Kale, Cucumber, Lemon

TICE

TVICE

SULCE

### All in Green

Cucumber, Ginger, Lemon, Apple, Coriander

JULCE

Availability of juices depends on season and availability of fruits and vegetables. Also available at the White Bar / Sundowners Bar.

TUICE

TURE



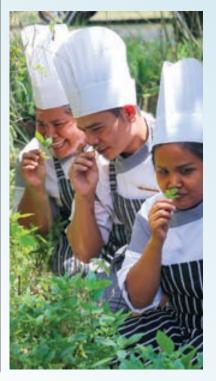


### GYM? I heard GIN!

**G** in is one of the widest categories of spirits and one of the finest. Not only is there a great variety of gin styles but within these styles, gin producers may use a vastly different selection and proportion of botanicals, spices, and fruits to give gin its final bouquet. For you, we have carefully selected 8 of the most well known and finest gins available to guarantee the ultimate gin experience.



Gin without **Tonic** is like Tom without Jerry - for most gin lovers, unthinkable! The slight bitter taste of the tonic combines perfectly with the dry fruit notes of gin, and the drink has become a firm favorite the world over. Now, there are so many tonics to be found, all with slightly different taste, 5 of which we offer at Sundowners. Did you know that we have our own herb-garden? This is where we source so many of the herbs we use for cooking and for our cocktails. It doesn't get fresher than this!



### Gin Basil Smash 290

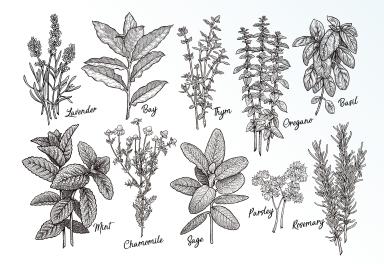
Gordons, Fresh Basil, Lime, Herb Syrup

#### **Gin Fizz** 290

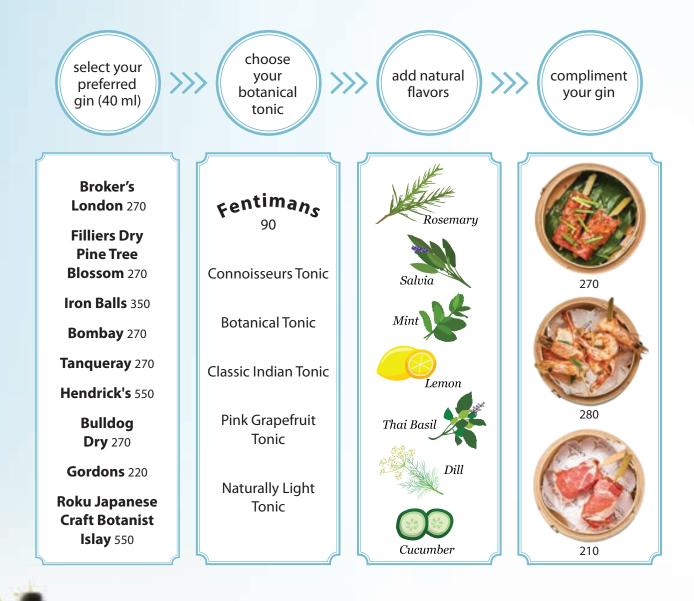
Tanquerai, Lime, Soda, Simple Syrup

### Negroni 290

Broker's, Vermouth, Campari



*Your* GIN & TONIC *in four simple steps* 





TWG Tea, the finest luxury tea brand in the world, was established in Singapore dating back to when the island first became a trading post for teas, spices and fine epicurean products.

Warm Apple Crumble 239

N ow, every year, TWG Tea tasters travel thousands of miles across the globe to sample hundreds of tea varieties, in search of the most desirable harvests direct from tea plantations. The best are dispatched to discerning locations like here at Layana Resort & Spa.

### **BLACK TEA 160**

### **GREEN TEA 160**

### **RED TEA 160**

#### **English Breakfast Tea**

Very strong and full-bodied with light floral undertones, this TWG Tea broken-leaf black tea is perfect with morning toast and marmalade.

### Earl Grey

A fragrant variation of the great classic, this TWG Tea black tea has been delicately infused with citrus fruits and French blue cornflowers.

### **Royal Darjeeling**

The king of India teas, this TWG Tea first flush black tea boasts an exquisite fragrance and a vibrant, sparkling taste that develops remarkable overtones of ripe apricots. An exquisite daytime tea.

### **Alfonso Tea**

A magnificent alliance of black tea and rare mango with a secret combination of TWG Tea fruits and flowers that is fragrant and comforting.

#### **Jasmine Tea**

Intoxicating TWG Tea jasmine flowers enhance the sparkling elegance of this delicately fashioned green tea.

#### Paris-Singapore Tea

A distinguished TWG Tea green tea enhanced with fragrant cherry blossoms and red fruits. A sensual and sweet tea of reminiscence

#### Alexandria Tea

A dreamy reminder of Arabian nights, this green tea is subtly scented with rare mint and Mediterranean corn flowers.

#### Vanilla Bourbon Tea

Red tea from South Africa blended with sweet TWG Tea vanilla. Enveloping, this theine-free tea can be served warm or iced at any time of the day.

# Choose your coffee



espresso



flat white



caffe latte



Cold Brew Blond



espresso macchiata



americana



latte macchiato



Cold Brew Black



doppio



caranel macchiato



cappuccina



Cold Brew Caramel





The beautiful destination of Koh Lanta consists of several islands, the two largest of which being Koh Lanta Noi (Small Lanta Island) and Koh Lanta Yai (Big Lanta Island).

Koh Lanta Yai stretches 6 km wide and over 30 kms in length. It boasts 9 beautiful white sandy beaches, stunning tropical jungle and mountain scenery, mangrove forests, a coastline dotted with more than 70 small islands and coral reefs...

A paved road runs along the beaches from the northern part of the island almost all the way to the southern tip. The last 8 kilometers leading to the headquarters of the Mu Ko Lanta National Park in the south are quite hilly.

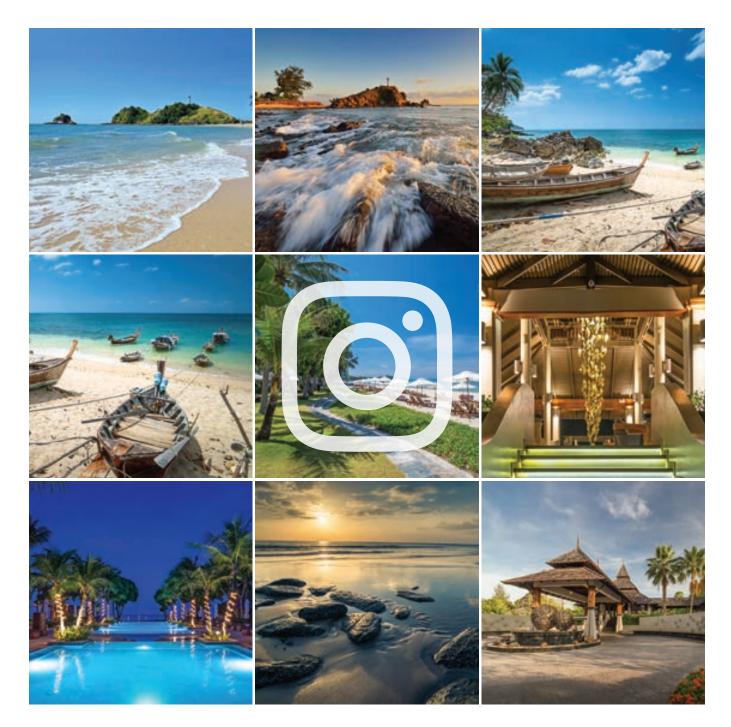
The province of Krabi is a melting pot of Buddhists, Thai-Chinese, Muslims, and even sea

gypsies, but there is little religious tension in the region and peace and harmony prevails. And with this mixture, Krabi is always celebrating something, be it part of Thai Buddhist, Thai-Chinese, or Thai-Islamic tradition.

The unique lifestyle of the Chao-Le (sea-gypsy) in Ko Lanta is particularly interesting, a lifestyle that has been almost completely unaffected by the booming tourism on the island.

Ko Lanta is a little less well known than nearby Ko Phi Phi, which has become quite commercialized and corporate. Whilst the beaches on the west coast of Ko Lanta Yai are strung with a line of resorts and bungalows, there is always a quiet place to relax - the beaches are never full, even when the island is at its busiest.

### Layana Resort & Spa





### Khun Pathanan

#### **Executive Housekeeper**

or many, the life style in Koh Lanta is not hurried, it's mostly about relaxing with blue sky and nice sunshine. But for those who work for the biggest department of Layana Resort & Spa, like me, I can not say I having a slow life here. I love to live with an active style. This helps me a lot to keep my working spirit to move on and lead the team with full energy. Especially as I have to look after a lot of sections such as rooms, public area, laundry, garden, and coordinate with other departments.

Everyday I wake up before 6 o'clock for working out such as jogging or weigh training or just light work out, even cooking my own breakfast some days. Eat, then ready for work at 8.00 a.m.

I really love to see the faces of my associates in the morning briefing, building up a good atmosphere before we start the day. If I can not meet my team during morning briefing time, I will go around to make sure that I meet them. It is very important for me that we can greet each other, chit chat to share some ideas, ask about their problems or even make a little joke of our personal life. Between me and my team it can create a lot of new ideas, make the team understand each other, make my department stand strong in team work.



### "I enjoy and have fun every day at work "

And they can be made aware with what the company is looking for and it can drive our team to reach the company's goal setting.

In the morning after 8.30 a.m. I will walk around, inspect the rooms and public area such as Fitness, Spa, Restaurant, Lobby including the garden and even the beach also. See what and how associates are doing. What they do good or what they need to improve. See the condition of our equipment, see what we need to change for our resort such as pool towels, room linen, flower decoration style for restaurant and lobby, oil burner to keep nice smell for public toilet etc., or can maintain the good things that we already have. Take some notes and back to planning. Then at 10.00 a.m., I have Head of Department meeting with all the management. In my planning, it can be training for people skills, or maybe changing something to make it better, such as room decorations

or facilities. For some projects I will need to get involved with costing. That is why good planning and time line is very important for me.

Because the guests come first, in the afternoon from 1.00 p.m. until 6.00 p.m., I will walk around in the restaurant or bar, building to building, giving me a chance to meet the guests.

I can have some conversation with our guests, get some feed back about what the guests like, what we do good or where we have not reached their expectations yet. This is an important message that I can share with my team to correct any challenges right away. And some ideas can develop for a good future.

As an Executive Housekeeper, spending my time 30 percent for operation and 70 percent for planning, somedays it is not enough time for me. "But I still enjoy and have fun every day at work"

## Loyalty

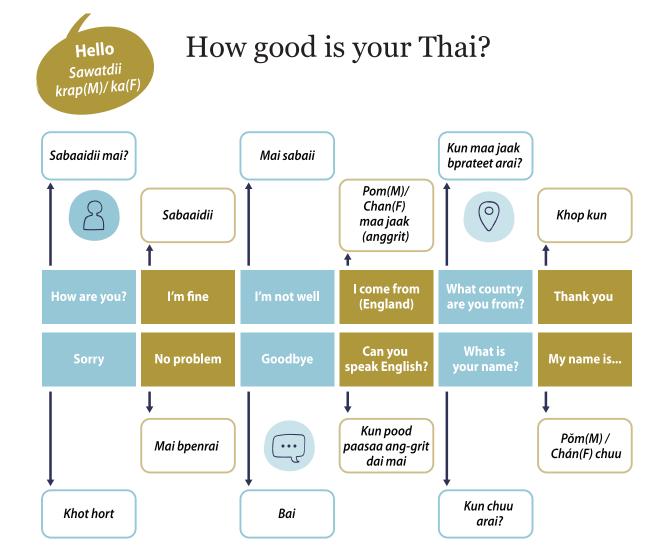


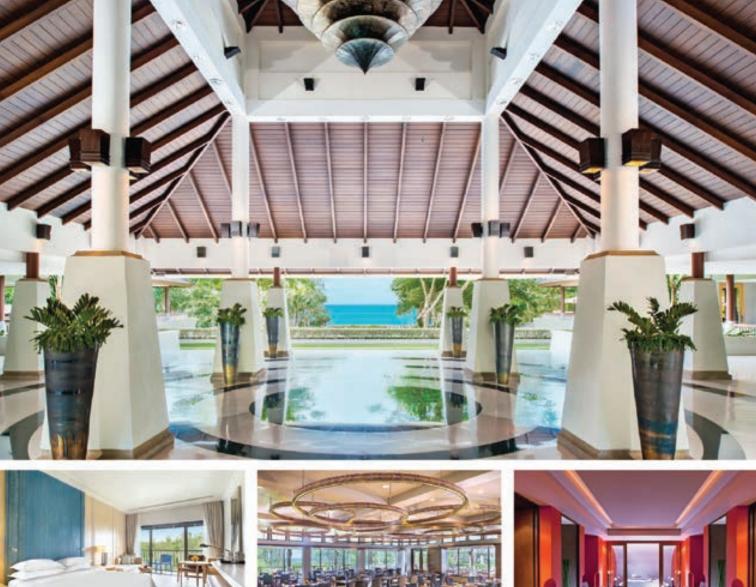
Khun Ratchanee Satjit joined Layana Resort & Spa in September 2004. Her position is Restaurant Captain and she says that it feels just like home at the resort, especially as Layana has many returning guests and everyone knows each other - just like a family party!



#### Khun Kanjana Sansatan

joined Layana Resort & Spa in October 2004 and works in our Accounts Payable department. She tells us that she loves her job at the resort, and that, in addition, Layana offers very good social benefits for her and the other employees.





### The Ultimate Beach Escape in Krabi

The resort is set among forty lush, immaculately manicured acres with direct access to 1.8km of exquisite white sand beach. Featuring 240 guest rooms and suites, contemporary interiors provide a perfect balance between beach-inspired elegance and modern luxury.

For more information or reservation, please contact: Dusit Thani Krabi Beach Resort, 155 Moo 2, Nong Thale, Muang, Krabi 81180 Tel: +66(0) 7562 8000 Email: dtkr.rsvn@dusit.com

# Dusit Thani



www. Dusit.com

f 💟 8 🞯 / DusitKrabi





### Would you like to take the HEAVENLY MAGAZINE home?

#### Purchase the HEAVENLY MAGAZIN for THB 390 and support The Cardiac Children's Foundation of Thailand

All proceeds from the sales of the HEAVENLY MAGAZINE will go to

### The Cardiac Children's Foundation of Thailand

The Cardiac Children Foundation of Thailand, under the Royal Patronage of H.R.H. Princess Galayani Vadhana Krom Luang Naradhiwas Rajanagarinda, was established in 1981 by pediatric cardiologists and other non-medical specialists who recognized the difficulties faced by children suffering from heart disease. The main objective of the foundation is to offer both medical and non-medical support to children with cardiac diseases. Cardiac operations for patients and emotional support for their families, can change the future outlook for a child diagnosed with a heart condition, from living an existence without hope to having a potentially bright future.



Linger Longer Spa

# east and west – health, beauty and massage



### SIGNATURE SPA TREATMENTS

A unique combination of the techniques of Aromatherapy, Swedish massage, Ayurveda and Shiatsu to calm body, mind and soul

### **Every Friday**

Buy one get one free on any Spa Treatment

### **Every Tuesday**

**30%** discount on any Spa Treatment plus an extra 30 minutes of enjoyable time

Linger Longer's Salt Spa is a hypo-allergic and hypo-bacterial environment that reproduces the therapeutic microclimate found in natural salt caves. With a mean temperature between 20-24 Degrees Celsius, a relative humidity of 40-60%, fiber-optic lighting and the soothing sound of relaxation music, the Salt Spa is a haven of ultimate comfort and relaxation. Reclining in a chair and breathing normally, visitors inhale the salt which penetrates into the deepest areas of the lungs for a complete cleansing of bacteria, irritants and pollution.





The White Bar is the perfect spot for an energizing drink or light snack with an extensive selection of fresh pressed juices, coffee specialties and healthy tapas. The calm and peaceful ambience of The White Bar makes it the ideal place to relax and chill out, both before and after an energetic fitness session or soothing massage.

Open from 10:30 a.m. - 6:00 p.m.



# **Room Service**

### There are three very good reasons to travel:

1. See the world. 2. Meet new people. 3. Room Service.

If you would like to enjoy a meal or a drink in the privacy of your room, please find the room service menu available in each guest room and dial number 4. Available from 6:30 a.m. - 10:30 p.m.



# **Room Service Menu**

#### Thai

#### Tom Yum Goong or Gai 380 🕪 🧐 🔒

Spicy prawn or chicken soup with Thai herbs and chili

Por Pia Thod Geang Kiew Warn Gai 230 Deep fried green curry chicken spring rolls with plum sauce

Satay Gai 280 🔊 Chicken satays with peanut sauce

#### Peak Gai Thod Nam Pla 200 🛞

Deep fried chicken angel wings with lemon grass and turmeric

Som Tum Gai Yang 320 🔊 (\*) Spicy green papaya salad with roasted chicken

Phad Thai Gai or Goong 290 😕 (🍤 Stir fried noodles with chicken or prawns, bean sprout, peanuts and tofu

Moo or Nue Thod Gratiem Prik Thai 390 Stir fried pork or beef with garlic and black pepper

#### Gaeng Kiew Warn Gai, Nue or Goong 340

Creamy green curry with chicken, beef or prawns, baby eggplant and lime leave

#### Sweets

Warm Apple Crumble 230 🕑 🕒 With almonds and vanilla sauce

#### Khao Niew Ma-mouang 220 🛞

Mango with sticky rice, sesame and coconut milk

#### **Rosé Wine by the Glass**

Cinsault, Les Ormieres, France 300

#### White Wine by the Glass

Sauvignon Blanc, Rock Brook, USA 310

Chardonnay, Inspired Company, Australia 310

#### Western

#### Mixed Garden Salad 220

Crispy lettuce with cucumber, tomatoes, shallots, capsicum and your choice of caesar, French, thousand island or balsamico dressing

#### Caesar Salad 360 () ()

Romaine lettuce, parmesan cheese, crispy bacon, croutons, caesar dressing and grilled chicken or shrimps

#### Fish & Chips 350 🤊 🕒

Battered fried sea bass fillet with french fries, tartar sauce and lemon

Spaghetti Bolognese 280 🕒 Drum wheat semolina pasta with Italian sausage-beef ragu

(Whole Wheat and Gluten Free Pasta available upon Request)

# Pizza Margherita 280 🕪 🕒

Tomato sauce, mozzarella cheese, oregano and fresh basil

#### Pizza Pepperoni 290 🕒

Tomato sauce, mozzarella cheese, pepperoni and jalapenos

#### Layana Wagyu Beef Burger 460 🕒

Gruyere cheese, sautéed mushrooms, crispy lettuce, tomato, gherkins, French fries, BBQ sauce and mayonnaise

#### Layana Club Sandwich 290 🛞

Club sandwich with roasted chicken, crispy bacon, fried egg, tomato and lettuce served with french fries

#### **Red Wine by the Glass**

Pinot Noir, Crane Lake, USA 310 Shiraz, Cabernet, Inspired Company, Australia 310

Beers Draft

Bottle

Singha, Leo (330 ml) 160

Chang Draft (330 ml / 500 ml) Krombacher alcohol free 140/200(330 ml) 250















The Layana Family: While you see many of our people on a regular basis, others play their role in the "heart-of-house", less visible to guests, but equally indispensable.





Khuun Rungnapha





















# Pool & Beach Refreshments



P erched on the very edge of the beach overlooking the sea and open to cooling sea breezes, SeaSky offers guests the choice of a delightful interior venue or an al fresco beachside setting. Open from early morning to late evening, the restaurant offers an amazing breakfast; contemporary Thai and light Mediterranean cuisine for lunch and dinner with seasonal and daily specials; and an exquisite afternoon tea featuring a delicious array of homemade cakes with coffee and tea. A wide choice of carefully selected wines and Thai craft beers are available to accompany the food of choice. SeaSky is pleasantly welcoming and accessible, with friendly, attentive service at all times.

Dairy



All Prices Include 10% Service Charge and 7% Government Tax

# Aperitif



#### Aperol Spritz 290

Aperol, Prosecco, Soda

#### Negroni 290

Gin, Vemouth Rosso, Campari

#### The Hugo 290

Prosecco, Elderflower, Mint, Lime, Soda

#### **Campari** (40 ml) 190

An infusion of herbs and fruit in alcohol and water. It is a bitters, characterized by its red color

#### Pernod (40 ml) 190

An Anise flavored liquor from France

#### Aperol (40 ml) 190

Italian apéritif made of bitter orange, gentian, rhubarb, and cinchona, among other ingredients

#### Cynar (40 ml) 190

An Italian herb liquor with a strong artichoke taste

#### 1. Nue Yang Nam Tok 390

Thai BBQ beef salad, shallots, mint, grounded roasted rice, dried chili, spring onion 3. Som Tum Gai Yang 320

3

Spicy green papaya salad, Thai roasted chicken

#### 2. Kor Moo Yang 350

Grilled pork marinated in garlic, coriander, pepper, spicy hot and sour tomato relish

#### 4. Satay Ruam Mix 280

Beef, pork and chicken satays, peanut sauce

#### 5. Yam Som O 320

Pomelo, shallots, garlic, dried chili, roasted coconut, spring onion, lime juice, crispy fried prawn San Pellegrino Sparkling 250

\* \* Chef's \* \* RECOMMENDATION

# **8. Prathad Lom** 250 Crispy prawn spring rolls

### 6. Plar Tuna 380

Spicy tuna salad, kaffir lime leaves, mint, lemongrass, shallots, spring onion, chili powder

## 7. Por Pier Sod Poo 290

Vietnamese spring roll, crab stick, crispy lettuce, cucumber, chunky avocado, tobiko, coriander, lime juice



#### 9. Tom Yam 380

Spicy flavored prawn or chicken soup

#### 10. Tom Kha Gai 320

Creamy coconut chicken soup

\*\* Chef's \*\* RECOMMENDATION



## 11. Seared Scallops 590

Roasted tomato and risotto, green asparagus, lemon garlic cream sauce





## 12. Crab Salad 380

Crab meat, apple, lime juice, mayonnaise, lettuce

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#### 13. Tuna Tartare 420

Tuna tartare, avocado, mango salsa

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# 14. Beef Carpaccio 460

Beef carpaccio, parmesan crisp, quail egg, rocket, truffle lime vinaigrette

#### **15. Burrata Cheese** 420

Roasted cherry tomatoes, grilled focaccia bread

# **16. Chilled Green Pea and Avocado Soup** 320

Served with grilled prawn skewer



Beautiful ? Manicure available at Linger Longer Spa

Brother Cider Toffee Apple or Pear 390

L

#### 17. Panang Lobster Roti 560

Thick panang lobster curry with roti

\*\*Chef's \*\* RECOMMENDATION

#### 18. Gaeng Kiew Warn 340

Creamy green curry with chicken, beef or prawns

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#### 19. Massaman 340

Massaman beef or chicken curry

9

#### 20. Gaeng 340

Red curry with chicken, pork or beef

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Recipe

# 23. Pad Thai Goong 290



#### Preparation

- Cut the tofu into cubes of 5x5 mm and deep-fry in clean hot oil for 2 minutes until golden but not hard
- If rice stick noodles are dry and not fresh, soak them in warm water for 1-2 hours before using
- Roast or deep-fry peanuts until light golden. Crush in mortar and pestle.

#### Cooking

- Heat wok and add a little oil over medium heat.
- Add garlic and fry lightly. Move aside and crack egg into the hot oil.
- Add prawns (or desired meat / seafood), stir fry for a moment.
- Add noodles and stir with the prawns, garlic and egg.
- Add Pad Thai sauce and stir over heat to blend and cook.
- Garnish with fried tofu, garlic chives, bean sprouts and pickled radish.
- Serve with ground roasted peanuts.

- 120 g. Prawn 60 g. **Rice Noodles** 15 g. **Bean Curd** 30 g. **Bean Sprouts** 30 g. **Chinese Chives** 15 g. **Shallots Sliced Pickled Radish** 15 g. Sauce Phad Thai 50 q. 30 g. Vegetable Oil 15 g. White Sugar **Peanuts Ground** 15 g. 1 Egg
- 0.5 Lime

#### **Phad Thai Sauce**

- 30 g. Tamarind 60 g. Plam Sugar
- 30 g. Fish Sauce
- 5 g. Big Dry Chili
- 10 g. Shallots.
- 5 g. Pickled Garlic
- 5 g. Fresh Garlic

Blend all ingredients in a food processor until smooth. Strain, adjust seasoning to taste and store chilled

# Flavor Harmony The Five Flavors of Thai Cuisine



# The secret to traditional Thai food is a balance of five

**Flavors:** sour, sweet, salty, bitter, and spicy. Some Thai dishes have a careful blend of all these tantalizing tastes; others are served with an accompaniment to help deal with the overpowering spiciness. For example, sour and spicy Tom Yum Goong is often paired with an omelet or rice. Harmonizing flavors lies at the heart of Thai cuisine.

**Sour:** Sour flavoring is extensively added in Thai salads, soups, dips, and some drinks, usually using tamarind, lime juice, fragrant Kaffir lime leaves, lemongrass or white vinegar.

**Sweet:** There are a number of different types of sugar produced in Thailand - white and brown sugar, palm and coconut sugars. Palm and coconut sugars are usually used in curry dishes and considerably in Thai desserts.

**Salty:** Salty flavors usually come from sea salt, soy sauce, and fish sauce. Fish sauce is extensively used in Thai cooking, while different kind of soy sauces are mostly used for soups and stir fry dishes.

**Spicy:** Spicy flavors usually derive from fresh and dried Thai chilies, black and white peppers, garlic, and ginger. A spicy taste is seldom overlooked in Thai cooking with the level depending on personal preference.

**Bitter:** Bitter flavors do not often exist in Thai dishes. However, a bitter flavor comes from a few kinds of vegetables and fruit, and is believed to have a medicinal benefit.









# 21. Gai Thod Sod Makham 390

Deep fried battered chicken breast with tamarind sauce

# 22. Moo or Nue Thod Gratiem Prik Thai 390

Stir fried pork or beef, garlic, black pepper

#### 24. Phad Kra-Pow 390

Wok fried chicken, pork or beef with hot basil, chili and fried egg

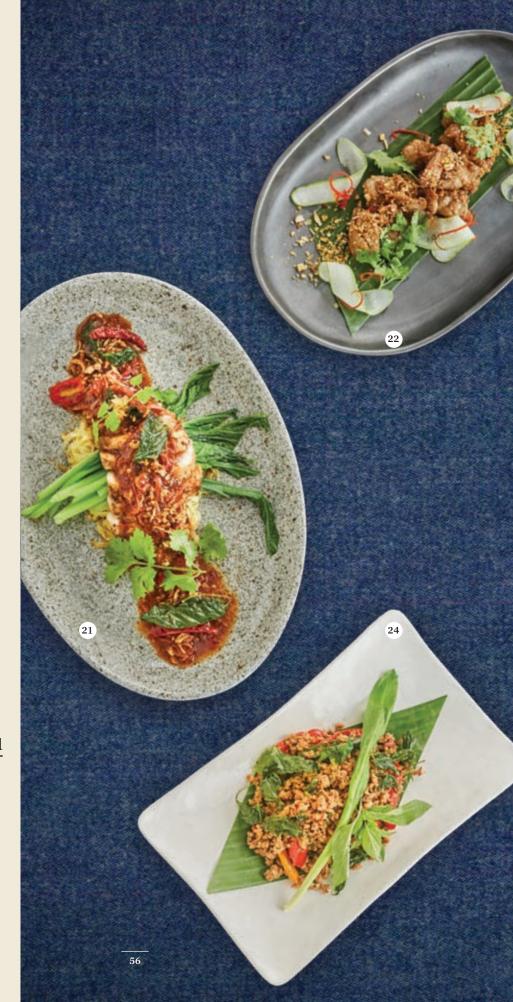
25. Guay Tiew Phad Se-Ew Gai or Goong 320

Stir fried flat noodles with chicken or prawn

## 26. Gai or Goong Phad Med Mamuang 350

Stir fried chicken or shrimp, capsicum, onion, cashew nuts

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26

# **27. Khao Soi Gai** 350

Crispy Chiang Mai noodles with chicken curry sauce

25

Khao Soi is a Chin Haw dish that was brought by people who migrated from China to northern parts of Thailand centuries ago. It is a soup-like dish made with a mix of crispy egg noodles and boiled egg noodles, pickled mustard greens, shallots, lime, ground chillies fried in oil, and meat in a curry-like sauce containing coconut milk. Glass of Chardonnay from Australia 310

# 28. Pla Kapong Thod Lui Suan 480

#### Deep fried sea bass, chili, ginger, lime, shallot, cashew nuts

58

\*\* Chef's \*\* RECOMMENDATION

# 29. Plah Kah Pung Neung

 $\bigtriangleup$ 

Manow 480

Steamed white snapper, chili, lime, garlic, celery

30. Pla Saak Tord Khamin 460

 $\bigtriangleup$ 

Deep fried barramundi, fresh turmeric

## 

Roasted salmon, thick red curry sauce

32

## 32. Australian Beef

#### Tenderloin 1290

Mediterranean warm potato salad, green peppercorn jus



#### 33. Butter Fish 590

Roasted white tuna, chorizo bean ragu, salsa verde



#### 34. Roasted Pork 540

Herb pork filet, honey roasted pumpkin, broccoli and red wine jus



33

34

# 35. Seafood Risotto 590

Risotto, lobster, prawns, mussels, scallops, squid



## 38. Yellow Fin Tuna 680

Seared pepper & herb crusted yellow fin tuna, creamy avocado sauce, organic red quinoa





#### 37. Duck Breast 540

Honey roasted duck breast, gnocchi lentil with balsamico, thyme jus



#### 36. Sea bass 590

Grilled sea bass, seafood broth, tomatoes, fennel, almonds, sautéed spinach



# Pasta 39. Penne Salsiccia 520 Penne pasta, pancetta, Italian sausage and beef ragout, broccoli 40. Linguini Carbonara 590 Lobster, prawn, mussel, clam, squid in carbonara sauce ۱





# 41. Khao Niew

#### Ma-mouang 220

Mango with sticky rice, sesame and coconut milk

### 42. Gluay Kaek 180

Deep-fried tempura battered banana with young coconut ice cream

# 43. Lod Chong Nam Kati 180

Green Noodle Surprise in sweet coconut milk

# 44. Sang Kaya

Fug Tong 180

Thai pumpkin cake with coconut custard

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# **45. Fresh Tropical Fruit Platter** 180

A combination of the seasonal tropicla fruits found on the markets.

46. Selection of Thai mini Desserts 180

# 47. Tiramisu 350

Classic Italian dessert with mascarpone cheese, finger biscuits flavored with amaretto and coffee

# 48. Warm Apple

### Crumble 230

With almonds and vanilla ice cream

# 49. Chocolate Mousse Cake 250

Accompanied by raspberry ice cream





47

48

49

#### 51. Sorbet 95 / scoop

Lemon, Orange, Mango, Lychee, Passion Fruit, Tamarind

#### 50. Ice Cream 95 / scoop

Vanilla, Chocolate, Black Sesame, Strawberry, Thai Tea, Coconut, Rum Raisin

#### About Me

# Khun Nathaya

was born in an agricultural family in Ratchaburi (a small province in the central part of Thailand). My hometown is located in Banpong (the semi-agricultural and industrial areas). I spent most of my life away from my dearest home and family since I was 15 years old for my education in Bangkok.

When I was young I did not like to go to school. I was always finding many reasons not to go to school as I was bored to do lectures in the class room and listen to things that I was not interested in and did not understand. But I was a very good student in science classes, because I love to do new experiments that I could and may be could not expect results. I like all outdoor activities such as trekking, studying about natural wildlife, learning about plants and trees in the jungle. I always went out for trekking in the jungle and nearby farmland with my father.

I respect individuality and differences, I think these things make the world colourful and interesting.



• My life in Koh Lanta is a very good combination of career, peaceful and healthy lifestyle. "

Nathaya

I love working a lot, my first job was selling candies to the neighborhood children to collect money for participating in the school outing trip. I worked in a processed fruits factory near by my hometown and worked as a cook helper and waitress in a small restaurant during the school summer times. I was very happy and proud of myself. I enjoy working as much as I enjoy meeting new people to learn about their culture and exotic life-style. When I was newly graduated, I committed to work in the hospitality business, so that I could meet a lot of people and learn about their different cultures at the same time.

I love photographing, marathon running, trail running around the exotic terrain. Every early morning before sunrise I always spend 1-2 hours for my marathon training which I usually run between 5 – 15 kilometers almost every day and taking a long distance run once a week. I was hoping for that one day I will be able to participate Boston Marathon program as well as running in the beautiful countries where I dream to visit such as Tibet, Bhutan and Iceland.



**S** pot the differences! There are 10 things different in the second photo. As we would like to keep this quiz interesting for other guests and magazine readers, please be so kind not to mark the differences on the photo. Thank you!



Tour

# Experience the Beauty of Koh Lanta with us.



## Mangrove Forest by Longtail Boat

Board a longtail boat and travel through the small canals that meander through the quiet, peaceful mangroves. View a wide variety of local wildlife and discover fossils on a small island before exploring a local village on Lanta Noi.

# Hot Springs and Emerald Pool

Enjoy an unforgettable bathe in the naturally therapeutic hot spring waters on the mainland of Krabi, before driving to the National Park. Walk along a nature trail through dense rainforest to the startling blue Crystal Lagoon, also known as the Emerald Pool. Take a swim and relax in the refreshingly clear waters before strolling back to an authentic Thai restaurant for an enjoyable Southern Thai-style lunch.

# Four Islands Excursion

The Four Island snorkeling trip starts around 40 minutes south of Layana at our first destination, Koh Hai, offering some of the whitest sands and best snorkeling in the Andaman Sea. Next we head to Ko Muuk to swim through the breathtaking Emerald Cave to find the most wonderful hidden delights. The cave is about 50 meters long and is dark in the middle, making it an exhilarating trip. Then you can swim on the white sandy beaches of the paradise island, Koh Kradan, followed by lunch. The final stop is at Koh Chuek, another beautiful spot for snorkeling and swimming. The price includes snorkeling equipment, picnic lunch, fresh fruit, soft drinks and beer.

## **Koh Rok Excursion**

Koh Rok was voted one of Thailand's top snorkeling sites and is certainly one of the most popular destinations in the area. We go snorkeling at two different locations before heading to Koh Rok Nok for lunch on the beautiful beach. Whilst there enjoy a leisurely swim and take in the awesome natural surrounds. After lunch we move on to Koh Rok Nai, renowned for its hard and soft coral and bounteous marine life, justifying its popularity for snorkeling. A delicious picnic lunch, fresh fruits, refreshments, beer and wine are all included, as is all the snorkeling equipment.

#### **Sundowners Cruise**

The Sundowner Cruise is a magical trip departing from Layana beach (or from Saladan Pier between May and October or if rough seas) and taking you through the untouched mangrove forests between Koh Lanta Yai and Koh Lanta Noi. You get to see many Macaque monkeys and a wide variety of birdlife and it is a truly fabulous way to see the stunning evening sunsets behind the hills. The trip includes delicious snacks prepared by our chefs, refreshments, wine and beer. We disembark after dark at Saladan village, 5 kms from Layana, after which we return to the resort by around 7:00 p.m.

#### Kho Phi Phi Island Excursion

The Koh Phi Phi snorkeling trip is a fantastic way to see famous Koh Phi Phi and the surrounding islands. Visit spectacular bays where sheer limestone cliffs drop directly into the crystal clear, coral filled waters. Visit the famous Maya Bay, the site of the film *"The Beach"*, before heading out to Viking Cave, an enormous sea cavern, home to mysterious cave paintings and swift's nests that are used to make Bird's Nest Soup.

#### **Island Discovery**

Sightseeing around Lanta Island by car or minivan includes a visit to the Sea Gypsy Village, Lanta Old Town, an elephant camp, and a rubber tapping demonstration. There is time to go shopping in Saladan and the trip duration is about 4 hours, leaving from Layana at 9:00 a.m. and returning by 1:00 p.m.

## **Sunrise Cycling**

Cycle on the "evergreen freshness" route with our Leisure staff, a nice and relaxing one hour ride suitable for all levels of fitness and cycling ability.

#### Kayaking in the Mangrove Forest

Board 3 kayaks (1 guide and 4 guests) at Sea Gypsy pier, just 10 minutes from Layana, and paddle with the tide to enter the mangrove canals. Depending on tidal levels, you get to see a variety of colorful crabs, birdlife and possibly monkeys too. Paddling time is around 1 1/2 hours and moderately strenuous. Water and cool drinks are provided; don't forget hats, sunscreen and insect repellent!

For further information or for booking your tour, please contact our Tour Desk or Recreation Team.







# Thank you for staying with us at Layana!





## Why not book with us?

We have recently relaunched our website to perfectly capture the world of luxurious comfort and tranquility that awaits guests here. It uses the latest technologies to make it faster and simpler to navigate and has a quick and easy to follow online booking system. For best prices and frequent promotions we suggest you check out the website or call our reservation team, who will be happy to help.

www.layanaresort.com Tel: + 66(0) 7560 7100 reservation@layanaresort.com

German Sales Office Tel: + 49(0) 89 780 64 280 mbk-hotels@fuchs-com.com

## Tides

Tides in the Andaman Sea are semi-diurnal, meaning there are 2 high, and two low tides every day. At Layana, tide times may affect certain activities, such as sailing and excursions. Note, as well, tidal activity at Scan this QR code to find the local tides table.



## **Environment**

Global warming, deforestation, pollution, irresponsible waste disposal are all contributing to an uncertain future for our planet. At Layana, we do our best to practice environmentallysound principles and we are committed, in particular, to removing one-use plastic from our resort. We hope you will appreciate, therefore, our policy of only serving straws on request. We thank you for your understanding.



## you ask — we answer

## Where is the nearest town?

It is difficult to visit Koh Lanta and not pass through Baan Saladan, the *"metropolis"* of Koh Lanta, but it is certainly not the biggest town you will ever visit. Located at the northern end of Koh Lanta close to the bridge, Saladan, with its buildings on stilts over the sea, is an engaging attraction and it is the tourist center of activity on the island. It can be reached from the resort in just 10 minutes by local taxi.

# Where can I find a night market?

Lanta Night Bazar is located in Saladan town and is the perfect place to find a souvenir to take back home.

Open daily from 2:00 p.m. – 10:00 p.m.

# Which beach is in front of Layana?

Layana Resort & Spa is located on Klong Dao Beach ("Long Beach") also known as Phra-Ae. Golden soft sand stretches for 4 kilometers and it is fringed with tall pine trees. The nicest thing about Long Beach is that even on a busy day it always seems deserted.

# Where to have a drink at night?

The Irish Embassy, on Long Beach, is open daily from 6:00 p.m. - 1:00 a.m., and serves an excellent pint of Guinness as well as many other beverages. It's certainly the place to catch Live sport and to party the night away!

## What is Lanta Animal Welfare?

Open daily from 9:00 a.m. - 5:00 p.m., Lanta Animal Welfare is a nonprofit making organization that helps look after Koh Lanta's animal population. Dog walking & cat cuddling are free of charge!

# Should I visit the Old Town?

Lanta Old Town is a unique experience - nearly every house on the main street is also a shop of some kind. If the doors are open, and you can see something of interest, don't be afraid to enter and take a peek. It is located on the east cost of Koh Lanta, 25 minutes away from Layana by local taxi.





# Where should I go to explore the Island?

There are so many options, but we recommend:

- a trip to Kan Tieng Beach in the south of Koh Lanta, 25-30 minutes away from Layana Resort & Spa by local taxi.
- a visit to the Floating Restaurant, located in the Eco village of Tung-Yee-Peng and unique for its seafood served in the middle of the mangrove (*Tel 08 7418 1050*).
- If you prefer great views try the Khao Yai restaurant waiting to be discovered on the top of the hills. It offers simple Thai food with an amazing outlook as the backdrop. (*Tel 075-697244*).
- Klong Kong and Klong Nin Beach, in the south of the island, are 15-20 minutes away from Layana by local taxi. Here you will find a *"backpackers atmosphere"* with small beach bars and yoga centers. We suggest you try Kunda Restaurant, a vegan and vegetarian restaurant, open daily from 10:00 a.m. - 4:00 p.m. (Tel 08 5795 1283 closed in June).

## What is the Sea Gypsy (Chao Ley) Village?

The village of Sang-ga-u in the south east corner of Koh Lanta is home to a unique group of people known as the Sea Gypsies or "Chao Ley". Formerly living a semi-nomadic lifestyle on the Andaman Sea, these seafarers of Indo-Malay origins were also the first settlers on the island, some 500 years ago.

## What's to see at Koh Lanta Noi?

On quiet, undisturbed Koh Lanta Noi there are a handful of fishing villages, rubber trees and a few mosques. Famed for its breathtaking scenery, there are a couple of deserted beaches with uninhabited islands that can't be seen from the main island, rising out from the sea.

The best way to experience Koh Lanta Noi is by motorbike or bicycle, crossing the bridge which separates both islands. Then just follow the concrete road that circles around the Island and allows you to easily explore and get some unique views of the other Koh Lanta and its mangrove forests.

# Where can I exchange money?

Exchange money services are available at our Front Desk.

# Does Koh Lanta have any local markets?

There are local markets every day, always at different locations, on afternoons between 2:00 p.m. - 6:00 p.m. and early morning in Old town.

Monday	Klong Dao beach.
Tuesday	Klong Nin
Wednesday	Under the bridge on the way to Lanta Noi
Thursday	Long Beach (just 5 min south of the resort)
Friday	Klong Nin
Saturday	Saladan
Sunday Morning	Old Town



## Is smoking allowed on the beach in Koh Lanta?

Since February 2018 Thailand has banned smoking on 20 beaches throughout the country, including Koh Lanta. Anyone who wishes to smoke must do so in designated areas and those who fail to comply will be subject to a fine of up to 100,000 baht. This also includes the Layana sunbeds as they are located on the public beach.

# If I get sick where is the closest doctor?

The nearest clinic is 5 minutes by car from our resort. Contact our staff at the Front Desk to arrange transportation. A pharmacy is also available close to Layana.

# Where does the water come from?

The water supply on an Island can sometimes be a challenge. Since 2018 Layana uses its own reservoir, with fresh water collected directly from the mountain. However, as anywhere in Thailand, we advise not to drink tap water. Every day our team will provide new bottles of water in the rooms.

## Why is the SeaSky kitchen different from a local restaurant?

Here at Layana we follow the HACCP system (systematic preventive food safety approach) and ensure that our kitchen meets the food safety standards of an international restaurant. We also only work with trusted suppliers that can meet our hygiene and food safety standards.

# What happens in case of a power cut?

At Layana we have one generator on 24 hour stand by in case of power cuts, which can happen quite frequently on a remote island.

# Where is the best spot to snorkel?

Our dedicated Layana crew know the best spots to relax and discover the amazing Andaman. Their favorite is definitely Koh Rok, so be sure to join our weekly private trip there!





Connecting you effortlessly to all Bangkok's amazing shopping and entertainment attractions, the **Pathumwan Princess Hotel** offers the stylish comfort and personalized care you expect from a top class establishment.

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BK-HT is a division of MBK PLC Group, comprising a dedicated, highly professional management team with more than 30 years experience in the tourism and hospitality market. Our vision is to create dynamic, innovative new standards for management and service in the sector and to achieve the pinnacle of public recognition and regard, both domestically and internationally. We currently operate tourism and hospitality business management for a number of premier hotels located in prime tourist locations, including Pathumwan Princess Hotel (Bangkok); Dusit Thani Krabi Beach Resort (Krabi); Layana Resort & Spa; Tinidee Hotel@Ranong; Tinidee Golf Resort@Phuket and Tinidee Hotel@Bangkok Golf Club (Pathum Thani).

In addition, we supervise the management systems and service standards for the cafes and restaurants in the clubhouses of the Riverdale Golf Club and Bangkok Golf Club in Pathumthani, and Loch Palm Golf Club, and Red Mountain Golf Club in Phuket.

## **Giving Back!**

Together with MBK H&T, Layana Resort and Spa works closely with the local community by supporting various projects...

One good example is the *"Grow Happiness"* project at Baan Ramard. Traveling to Layana Resort, guests board the boat from Baan Ramard quay, and thus we have developed a close relationship with the local community.

Over the past few years, we have sought out plants that are suitable for the area and have planted them along the public roads in the community to improve Baan Ramard's landscape.

Recently, support has been expanded to help the community as a whole, with the focus on improving quality of life, advancing education, and generating additional income to the residents.



Khun Arthorn Vanasantakul MD, MBK-HT visiting Local school

## Nutritional Information

SeaSky Restaurant

	Nutrition Facts	Calories	Total Fat	Saturated Fat	Carbo- hydrates	Sugars	Protein
1	Nue Yang Nam Tok	550 kcal	13 g	4.5 g	63 g	25 g	44 g
2	Kor Moo Yang	420 kcal	17 g	6 g	41 g	7 g	28 g
3	Som Tum Gai Yang	400 kcal	14 g	2 g	42 g	12 g	33 g
4	Satay Ruam	640 kcal	29 g	15 g	56 g	34 g	41 g
5	Yum Som O	640 kcal	29 g	25 g	74 g	27 g	27 g
6	Plar Tuna	340 kcal	8 g	2 g	29 g	3 g	39 g
7	Por Pier Sod Poo	360 kcal	7 g	1.5 g	56 g	6 g	19 g
8	Prathad Lom	570 kcal	6 g	2 g	90 g	8 g	32 g
9	Tom Yum	380 kcal	8 g	4 g	53 g	30 g	29 g
10	Tom Kha Gai	360 kcal	15 g	10 g	21 g	2 g	38 g
11	Seared Scallops	350 kcal	9 g	5 g	42 g	3 g	23 g
12	Crab Salad	370 kcal	25 g	3.5 g	4 g	3 g	29 g
13	Tuna Tartar	250 kcal	11 g	2 g	18 g	12 g	22 g
14	Beef Carpaccio	430 kcal	35 g	13 g	3 g	0 g	25 g
15	Burratta Cheese	640 kcal	30 g	17 g	55 g	4 g	36 g
16	Green Pea and Avocado Soup	370 kcal	28 g	11 g	20 g	5 g	15 g
17	Panang Lobster with Roti	720 kcal	28 g	14 g	71 g	17 g	49 g
18	Gaeng Kiew Wan	440 kcal	22 g	14 g	21 g	5 g	40 g
19	Massaman Curry	630 kcal	38 g	15 g	42 g	17 g	31 g
20	Gaeng Phed	550 kcal	32 g	21 g	34 g	23 g	36 g
21	Pad Thai	520 kcal	19 g	3.5 g	47 g	4 g	41 g
22	Gai Thod Sod Makham	510 kcal	7 g	1.5 g	61 g	1 g	51 g
23	Tod Gratiem Prik Thai	410 kcal	23 g	8 g	13 g	<1 g	38 g
24	Phad Kra Prow Kai Dow	370 kcal	15 g	5 g	11 g	<1 g	47 g
25	Guay Tiew Phad Se-Ew	400 kcal	9 g	2.5 g	34 g	3 g	46 g
26	Gai Phad Med Mamuang	380 kcal	14 g	2.5 g	18 g	5 g	46 g
	White rice portion	75 kcal	0.2 gr	<0.1 gr	34 gr	0 g	1.6 g

	Nutrition Facts	Calories	Total Fat	Saturated Fat	Carbo- hydrates	Sugars	Protein
27	Khao Soy Gai	720 kcal	28 g	19 g	49 g	4 g	67 g
28	Pla Kapong Tod Lui Suan	570 kcal	15 g	2.5 g	26 g	10 g	81 g
29	Pla Kah Pung Neung Manow	190 kcal	1 g	0 g	17 g	2 g	30 g
30	Pla Saak Tord Khamin	540 kcal	14 g	2.5 g	23 g	3 g	80 g
31	Chu Chee Pla	970 kcal	70 g	29 g	9 g	0 g	78 g
32	Australian Beef Tenderloin	660 kcal	25 g	9 g	35 g	4 g	74 g
33	Butterfish	680 kcal	39 g	14 g	29 g	5 g	54 g
34	Roasted Pork Fillet	400 kcal	8 g	1.5 g	41 g	25 g	46 g
35	Seafood Risotto	770 kcal	24 g	12 g	76 g	2 g	58 g
36	Sea Bass	310 kcal	9 g	1.5 g	14 g	1 g	43 g
37	Duck Breast	800 kcal	34 g	11 g	70 g	4 g	54 g
38	Yellow Fin Tuna	640 kcal	19 g	7 g	57 g	3 g	61 g
39	Penne Salsiccia	840 kcal	50 g	18 g	55 g	2 g	42 g
40	Linguini Carbonara	870 kcal	47 g	18 g	52 g	1 g	58 g
41	Khao Niew Ma-mouang	400 kcal	14 g	12 g	72 g	54 g	4 g
42	Gluay Kaek	620 kcal	26 g	18 g	96 g	37 g	16 g
43	Lod Chong Nam Kati	750 kcal	14 g	12 g	148 g	32 g	40 g
44	Sang Kaya Fug Tong	770 kcal	35 g	20 g	85 g	81 g	29 g
45	Mixed Fruit Platter Average	210 kcal	1 g	0 g	54 g	38 g	3 g
46	Tiramisu	370 kcal	26 g	16 g	29 g	12 g	6 g
47	Warm Apple Crumble	840 kcal	41 g	24 g	108 g	63 g	14 g
48	Chocolate Mousse Cake	770 kcal	64 g	38 g	40 g	24 g	14 g
49	Scoop of Ice Cream	120 kcal	7 g	4 g	18 g	14 g	3 g
50	Scoop of Sorbet	62 kcal	>0 g	>0 g	15 gr	11 gr	2.5 g

**Nutritional Information:** Our Nutritional Information calculations were carried out using online tools. Even though we have done our utmost to provide accurate nutritional information, these figures should be considered estimates. Varying factors change the effective nutritional information in any given recipe. If you would like further information or if you have any food intolerance, kindly inform our Executive Chef or one of our Associates.

## **CHAMPAGNE**

1. Champagne					
Taittinger Excellence			Hand harvested		
Brut		✓	Natural Yeast		
Champagne,	ABV	$\checkmark$	No Fining		
France 12%		✓	No Filtering		
Grape: Chardonnay, Pinot Noir, Pinot Meunier					

5,000

## **SPARKLING**

# 3. Sparkling Chamdeville Blanc de Blancs NV ✓ Hand harvested ✓ Natural Yeast Cremant, France ABV 11% ✓ No Fining ✓ No Filtering

**Grape:** Chardonnay, Chenin Blanc, Colombart, Ugni blanc

1,400

# <u>ROSÉ</u>

5. Rosé			
Gris Blanc Rosé,			Hand harvested
Gerard Bertrand		$\checkmark$	Natural Yeast
Pays d'Oc	Pays d'Oc ABV 12%		No Fining
France		X	No Filtering
Grape: Gremache Gris			

1,500

## 7. Rosé

Garofoli Rosato Komaros		$\checkmark$	Hand harvested	
		$\checkmark$	Natural Yeast	
Marche,	ABV 13%	1	No Fining	
Italy		1	No Filtering	
Grape: Montepuliciano				

Grape: Montepuliciano

1,600

## 2. Champagne

Taittinger Prestige Rosé		~	Hand harvested	
		✓	Natural Yeast	
Champagne,	ABV	1	No Fining	
France	12.5%	$\checkmark$	No Filtering	
Grape: Chardonnay Pinot Noir Pinot Meunier				

Grape: Chardonnay, Pinot Noir, Pinot Meunier

8,500

4. Sparkling					
Chamdeville Pinot Noir			Hand harvested		
Rosé NV		~	Natural Yeast		
Cremant,	ABV	~	No Fining		
France	12.5%	$\checkmark$	No Filtering		
Grape: Pinot Noir					
1,400					

6. Rosé			
B&G Reserve Rosé		1	Hand harvested
		$\checkmark$	Natural Yeast
lays Doc,	ABV 12%	1	No Fining
France			No Filtering
Grape: Shiraz			
1 400			

8. Rosé				
Cinsault Rosé		$\checkmark$	Hand harvested	
		$\checkmark$	Natural Yeast	
Minervois,	ABV 13%	~	No Fining	
France		~	No Filtering	
Grape: Syrah, Grenache, Cinsault				
1.350				

## WHITE

9. White			
Reserve Harvest De Bortoli		✓	Hand harvested
		✓	Natural Yeast
South- EasternABVAustralia12%		1	No Fining
		✓	No Filtering
Grape: Chardonnay, Semillon			

1,400

## 11.White

Sendero Sauvignon Blanc Concha Y Toro		✓	Hand harvested	
		✓	Natural Yeast	
Central Valley, ABV Chile 12%	✓	No Fining		
	12%	$\checkmark$	No Filtering	
Grape: Sauvignon Blanc				
1,100				

## 10. White

Unoaked Chardonnay,		✓	Hand harvested	
Inspired Compar	Inspired Company		Natural Yeast	
South-Eastern	ABV	1	No Fining	
Australia 1	14.2%	1	No Filtering	
Grape: Chardonnay				

1,250

12. White					
Diggins Estate Chardonnay		$\checkmark$	Hand harvested		
		$\checkmark$	Natural Yeast		
Riverina ABV Australia 13%		$\checkmark$	No Fining		
		$\checkmark$	No Filtering		
Grape: Chardonnay					
1,450					

13. White				
Sauvignon Blanc Toldos Vina Santa Cruz		$\checkmark$	Hand harvested	Cha
		$\checkmark$	Natural Yeast	Alti
Colchagua,	olchagua, ABV	$\checkmark$	No Fining	Uco
Chile 12.5%	$\checkmark$	No Filtering	Arg	
Grape: Sauvignon Blanc				Gra
1,250			1,45	

14. White						
Chardonnay Classic Altivo Classic		$\checkmark$	Hand harvested			
		$\checkmark$	Natural Yeast			
Uco Valley	Uco Valley ABV Argentina 14%		No Fining			
Argentina			No Filtering			
Grape: Chardonnay						
1,450						

15. White						
Colombard Ugni Blanc		X	Hand harvested			
J. J		$\checkmark$	Natural Yeast			
Cotes de	ABV	$\checkmark$	No Fining			
Gascogne 11%		✓	No Filtering			
Grape: Colombard-Ugni Blanc						
1,350						

16. White					
Gallician Prestige Costieres		Hand harvested			
		Natural Yeast			
Costières-de- ABV Nîmes, France 12%		No Fining			
		No Filtering			
	ABV	ABV ✓			

## WHITE

17.White						
Chardonnay, Domaine Laroche		✓	Hand harvested			
		~	Natural Yeast			
BourgogneABVFrance12%		✓	No Fining			
		✓	No Filtering			
Grape: Chardonnay						

1,600

1,500

## 19. White

Prego Pinot Grigio Artwine		✓	Hand harvested
		✓	Natural Yeast
Clare Valley Italy	ABV 12.5%	✓	No Fining
		✓	No Filtering
Grape: Pinot Gri	gio		
1,300			

## 18. White

Sauvignon Blanc Domaine Du Cleray		$\checkmark$	Hand harvested	
		$\checkmark$	Natural Yeast	
Vine de Pays	ABV	$\checkmark$	No Fining	
IGP, France 13%	~	No Filtering		
Grane Chardennay				

Grape: Chardonnay

1,600

20. White					
San Silvestro Chardonnay		$\checkmark$	Hand harvested		
		$\checkmark$	Natural Yeast		
Piemonte	ABV	$\checkmark$	No Fining		
Italy 13%		$\checkmark$	No Filtering		
Grape: Chardonnay					
1,350					

21. White						
Le Piope Pinot Grigio		~	Hand harvested			
. 5		✓	Natural Yeast			
Veneto, Italy ABV 13%	ABV	1	No Fining			
	1	No Filtering				
Grape: Pinot Grigio						
1,350						

1,350	1,550			
23. White				24. Whi
Avabella Chenin Blanc Arabella Wines			Hand harvested	Lyric Sau
			Natural Yeast	Nederbu
Western Cape ABV		$\checkmark$	No Fining	Western
South Africa	13%	$\checkmark$	No Filtering	South Af
Grape: Chenin B	Grape: C			
1 500	1 500			

22. White				
Pinot Grigio DOC, Longo		✓	Hand harvested	
		✓	Natural Yeast	
A	ABV	~	No Fining	
Italy	13%	1	No Filtering	
Grape: Pinot Grigio				
1,550				

24. White				
Lyric Sauvignon Cuvée		$\checkmark$	Hand harvested	
Nederburg		$\checkmark$	Natural Yeast	
Western Cape ABV	$\checkmark$	No Fining		
South Africa	12%	$\checkmark$	No Filtering	
Grape: Cuvée				
1,500				

## WHITE

25. White				
Sauvignon Blanc Wither Hills		$\checkmark$	Hand harvested	
		$\checkmark$	Natural Yeast	
Marlborough, ABV New Zealand 13%		$\checkmark$	No Fining	
		$\checkmark$	No Filtering	
Grape: Sauvignon Blanc				

1,550

26. White					
Sauvignon Blanc, Fernbird		✓	Hand harvested		
		1	Natural Yeast		
Marlborough, ABV New Zealand 13%		$\checkmark$	No Fining		
		$\checkmark$	No Filtering		
Grape: Sauvignon Blanc					

1,600

## RED

27.White					
Sauvignon Blanc, Rockbrook		✓	Hand harvested		
		✓	Natural Yeast		
California ABV USA 12.5%		~	No Fining		
	✓	No Filtering			
Grape: Sauvignon Blanc					
1,250					

28.Red					
Nines Stones Shiraz, Calabria		X	Hand harvested		
		$\checkmark$	Natural Yeast		
Barossa,	·	$\checkmark$	No Fining		
Australia		✓	No Filtering		
Grape: Shiraz					
1,600					

29.Red					
Harvest Diary De Bortoli Wines		✓	Hand harvested		
		✓	Natural Yeast		
South-Eastern	n ABV	$\checkmark$	No Fining		
Australia	13%	$\checkmark$	No Filtering		
Grape: Shiraz, Cabernet Sauvignon					
1,400					

31.Red				
Alamos Malbec Alamos		✓	Hand harvested	
		~	Natural Yeast	
Mendoza ABV	$\checkmark$	No Fining		
Argentina	12.5%	$\checkmark$	No Filtering	
Grape: Malbec				
1,600				

30. Red				
Inspired Shiraz Cabernet		✓	Hand harvested	
Qualia Wines		✓	Natural Yeast	
South-Eastern	ABV 13%	$\checkmark$	No Fining	
Australia		$\checkmark$	No Filtering	
Grape: Shiraz, Cabernet				
1,250				

32. Red					
Malbec Trapiche Vineyards		✓	Hand harvested		
		✓	Natural Yeast		
Mendoza	ABV 13%	$\checkmark$	No Fining		
Argentina		$\checkmark$	No Filtering		
Grape: Malbec					
1,450					

## RED

33. Red			
Sendero Merlot Concha Y Toro		✓	Hand harvested
		✓	Natural Yeast
Central Valley ABV	1	No Fining	
Chile	13%		No Filtering
Grape: Merlot			
1,100			

34. Red				
Cabernet Sauvignon Vina Toldos		✓	Hand harvested	
		✓	Natural Yeast	
Colchagua	ABV	$\checkmark$	No Fining	
Chile	13%		No Filtering	
Grape: Cabernet Sauvignon				
1,250				

35. Red				
Cotes du Rhone E. Guigal		X	Hand harvested	
		✓	Natural Yeast	
Rhone	Rhone ABV		No Fining	
France	14%	✓	No Filtering	
Grape: Southern Rhone Cuvée				
1,600				

36. Red				
Les Ormieres Carignan		X	Hand harvested	
J		$\checkmark$	Natural Yeast	
Languedoc	ABV	$\checkmark$	No Fining	
Roussillon France	12%	✓	No Filtering	
Grape: Carignan				
1,350				

37. Red				
Victor Berard, CSM		✓	Hand harvested	
		$\checkmark$	Natural Yeast	
Rhone	ABV	$\checkmark$	No Fining	
France	13%	$\checkmark$	No Filtering	
Grape: Cuvée				
1,600				

38.Red				
Chateau Haut-Landon		X	Hand harvested	
		$\checkmark$	Natural Yeast	
Bordeaux	ABV	$\checkmark$	No Fining	
France	13%	$\checkmark$	No Filtering	
Grape: Cabernet Sauvignon, Merlot, Malbec				
1,600				

39. Red				
Ropaiteau Pinot Noir		✓	Hand harvested	
Caves Ropiteau Freres		✓	Natural Yeast	
France	– ABV	$\checkmark$	No Fining	
France	12.5%	$\checkmark$	No Filtering	
Grape: Pinot Noir				
1,600				

40. Red				
Prego Montepulciano,		✓	Hand harvested	
La Mariggia		✓	Natural Yeast	
D'Abruzzo	ABV	$\checkmark$	No Fining	
Italy	13%	$\checkmark$	No Filtering	
Grape: Montelpuciano				
1,300				

## RED

41. Red				
Barbera Pilmonte DOC, San Silvestro		✓	Hand harvested	
		✓	Natural Yeast	
Piedmont	ABV	$\checkmark$	No Fining	
Italy	12.5%	$\checkmark$	No Filtering	
Grape: Varietal				
1,350				

42. Red					
Montelpuciano		1	Hand harvested		
D'Abruzzo Cantina Danese		✓	Natural Yeast		
D'Abruzzo ABV Italy 12%		$\checkmark$	No Fining		
		$\checkmark$	No Filtering		
Grape: Montelpuciano					
1,400					

43. Red				
Primitivo Pepa Nera		$\checkmark$	Hand harvested	
·		$\checkmark$	Natural Yeast	
Puglia	ABV 12.5%	$\checkmark$	No Fining	
Italy		$\checkmark$	No Filtering	
Grape: Primitivo				
1,350				

44. Red				
Nero d'Avola Duca Sargento		✓	Hand harvested	
		✓	Natural Yeast	
Cisila Itala A	ABV	$\checkmark$	No Fining	
Sicily, Italy 12%		$\checkmark$	No Filtering	
Grape: Nero d'Avola				
1,500				

45. Red				
Sangiovese Canaiolo		✓	Hand harvested	
Geografico Chianti		✓	Natural Yeast	
Tuscany,	ABV	✓	No Fining	
Italy	12,5%		No Filtering	
Grape: Sangiovese, Canaiolo				
1,600				

47. Red				
Two Oceans Shiraz,		<	Hand harvested	
Two Ocean		✓	Natural Yeast	
Western Cape	ABV	✓	No Fining	
South Africa	14%	$\checkmark$	No Filtering	
Grape: Shiraz				
1,200				

46. Red			
Tempranillo Palacio del Burgo		✓	Hand harvested
		✓	Natural Yeast
Rioja, Spain	ABV 13%	$\checkmark$	No Fining
		$\checkmark$	No Filtering
Grape: Tempranillo			
1,500			

## Apéritifs/ Porto (40 ml)

Martini Extra Dry, Rosso, Bianco, Ricard, 210 Campari, Aperol, Pernod, Cynar 190 Tio Pepe Fino, Dow's Tawny 290

## Apéritif Cocktails

Hugo, Aperol Spritz, Negroni 290

#### Sparkling Wine by the Glass

Chedeville Blanc de Blancs, Crémant 320 Chedeville Pinot Noir Rosé, Crémant 320

## Rosé Wine by the Glass

2015 Monteepulciano Rosé, "Garofoli, Italy 370
2015 Gris Blanc Rosé,
"Gerard Bertrand, France 400
2017 Cinsault, Les Ormieres, France 300

## White Wine by Glass

- 2016 Chardonnay, Inspired Company, Australia 310
- 2016 Pinot Grigio, Prego, Italy 370
- 2014 Sauvignon Blanc, Rock Brook, USA 310
- 2017 Colombard, Ugni Blanc, Les Ormieres, France 300

## **Red Wine by Glass**

- 2015 Merlot Cabernet Sauvignon, Malbec, Chateaux Haut Landon 360
- 2015 Pinot Noir, Crane Lake, USA 310
- 2016 Shiraz, Cabernet, Inspired Company, Australia 2016 310
- 2015 Montepulciano D'Abruzzo, Prego, Italy 370

#### Beers

#### Draft

Chang Draft (330 ml) 140

(500 ml) 200

#### Bottle

Singha, Leo (330 ml) 160 Krombacher alcohol free (330 ml) 250



## Thai Craft Beers 330 ml

Chalawan Pale Ale, Chaing Mai Blossom Weizen 290 Phuket Beer 250

#### Ciders 500 ml

Brothers Toffee Apple, Brothers Pear 390

## Spirits (40 ml)

Smirnoff / Absolut Vodka, Tito's Handmade Vodka 220

Sangsom (Thai Rum) 150

Bacardi White Rum/ Captain Morgan Dark Rum / Tequila 220 Havana Club 3 Years 250

Havana Club 7 Years 400

Grey Goose Vodka, Beluga Vodka 500

## Gins (40 ml)



Roku Japanese Craft Botanist Islay 550

## Cognac/ Brandy (40 ml)

Regency, Meridian (Thai Brandy) 180 Martell V.S.O.P, Remy Martin V.S.O.P, Hennessy V.S.O.P 500 Remy, MartinX.O 1,300

## Scotch Whisky (40 ml)

Johnnie Walker Red Label 210 Johnnie Walker Black Label, Chivas Regal 12 Years 290 Glenfiddich 12 Years 390 Ballantine's 17 Years 590 Talisker 10 Years 800

## Bourbons & Whisky (40 ml)

Jack Daniel's, 260 Jim Beam, Southern Comfort 230 Jameson, Irish Whiskey 230

## Liqueurs (40 ml)

Grand Marnier, Benedictine 350 Amaretto, Sambuca 210 Grappa, Calvados 250 Kahlua, Tia Maria, Baileys, Cointreau 320 Vieille Prune 400

#### **Mineral Water**

Voss Still 800 ml 300 Voss Sparkling 800 ml 300 Acqua Panna Still 750 ml 250 San Pellegrino Sparkling 750 ml 250

## Soft Drinks

Coca Cola, Coke Zero, Fanta Orange 330 ml 90 Sprite, Tonic, Soda 330 ml 90

## Thai Cocktails

**Herb Garden** 290 Maa jai dum banana, lime juice, herb syrup, green tea

**SomTum** 290 *Mekong whiskey, mangosteen's juice, mint, lime, papaya salad, fresh chili* 

**Siam Journey** 290 Iron ball gin, herb syrup, mangosteen's juice lime, pomegranate,

**Manau-Manau** 290 Chalong Bay rum, lime juice, lemon basil, herb syrup, lemon soda

**Pink Dragon** 290 Phraya spirits, dragon fruit, pomegranate, mint, lime, soda





## **Fentimans Botanical Mixers**

Connoisseurs Tonic 125 ml 150 Botanical Tonic 125 ml 150 Classic Indian Tonic 125 ml 150 Pink Grapefruit Tonic 125 ml 150 Naturally Light Tonic 125 ml 150

## Layana Classic Cocktails

**Island Life** 290 Dark rum, coconut rum, fresh mango, pineapple, herb syrup

Mango Margarita 290 Tequila, triple sec, mango, lemon, orange

**Sex on the Beach** 290 Vodka, peach schnapps, cream de classic, orange, cranberry juice

**Margarita** 290 *Tequila, lime, orange liquor* 

**Pina Colada** 290 White rum, malibu rum, coconut milk, fresh pineapple, pineapple juice

**Mojito** 290 White rum, mint, lime, soda

**Mai Tai** 290 White rum, dark rum, orange curacao, pineapple, orange, lime juice & grenadine

**Singapore Sling** 290 Gin, dom, cherry hearing, lime, pineapple juice grenadine, angostura

**Long Island Ice Tea** 290 White rum, vodka gin, tequila, triple sec, lime & coke

## **Gin Cocktails**

#### Gin Basil Smash 290

Gordon's gin, lime juice, simple syrup, basil leaves

**Gin Fizz** 290 Tanqueray gin, lime juice, simple syrup, soda

#### Blended Juices & Smoothies (350 ml)

Apple, Orange, Banana, Mango, Pineapple, Young Coconut, Papaya, Watermelon 150

\*Please inform our team if you would like any our Juice prepared as a Smoothie (blended with ice and / or yogurt) \*

## All about Coconut

Coconut Milk Beverage, Chocolate, Mango 150 Young Fresh Coconut 150

#### Layana Thai Mocktails

**Sa Moon plai** 220 Fresh chili, lime juice, basil leaf, herb syrup, soda

**Phalanggan** 220 Coconut juice, red bull, mint, soda water

**Pollamai** 220 Roselle, pomegranate, lime, mangosteen's juice, rambutan, lychee, dragon fruit



Coffee

#### Hot / Iced / Bottled

150EspressoAmericanoMacchiatoLungoDouble EspressoFlat WhiteSparkling AmericanoIced AmericanoCold Brew BlondCold Brew Black

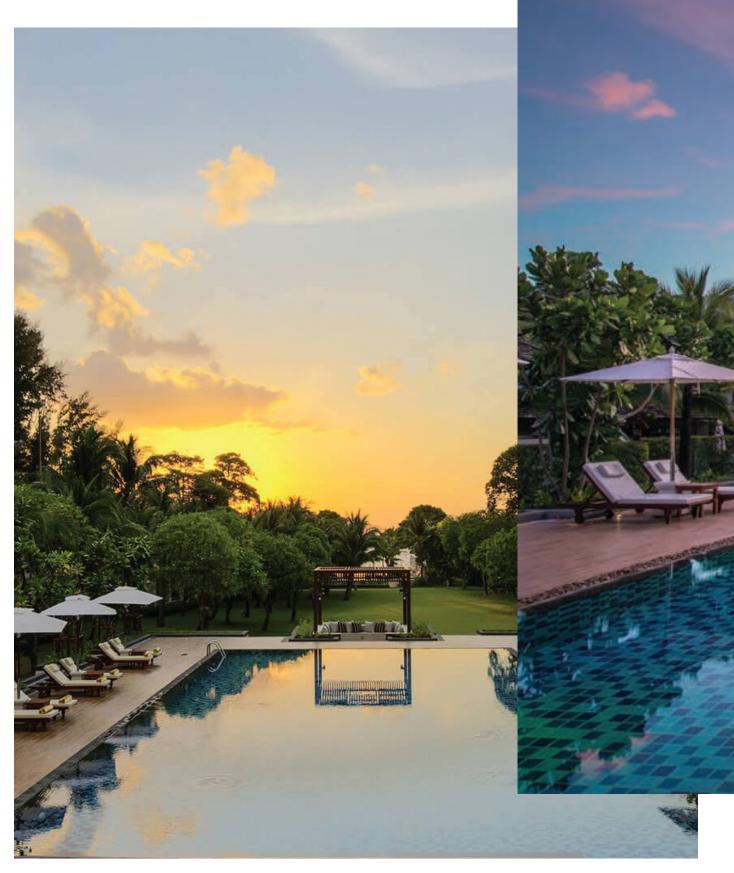
Ristretto Latte Cappuccino Iced Latte Cold Brew Caramel

#### TWG TEA

160

**Black** English Breakfast Earl Grey Royal Darjeeling Alfonso **Green** Jasmine Paris-Singapore Alexandria **Red** Vanilla Bourbon













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